

# INTEGRATED SCHOOL Daily Bulletin



SY 2019-2020 Thursday, July 11, 2019 | No. 20

Attribute for the month: *Commitment to Excellence*

**Bible Verse for the Day:**

I have learned to be content whatever the circumstances. – *Philippians 4:11*

**Reflection:**

God doesn't always change our circumstances, but He will change us.

**NUTRITION MONTH 2019**

Theme: **Start the Lasallian PUSH: Proper Understanding of Self and Health**



**HEALTH TRIVIA FOR THE DAY** (in Celebration of Nutrition Month 2019)

➤ *Maintaining good relationships with family and friends is good for your health, memory and longevity.*

*Congratulations!*

**2019 SINGAPORE MATH OLYMPIAD COMPETITION (SIMOC) at Singapore**

Emmanuel Salgado III 3D – **BRONZE, Math Olympiad**  
Carmelo Velez 3A – **BRONZE, Mind Sports and Math Olympiad**  
Caleb Zeke Mellina 5A – **Honorable Mention**

**FROM THE JUNIOR HIGH SCHOOL LVP OFFICE**

**REPLY SLIPS ON PARENTS EMAIL**

**FINAL DEADLINE** for the submission of the **Reply Slips on Parents Email** will be on **Friday, July 12, 2019.**

✓ 1 PPA star will be given for 100% submission on or before the deadline.

**PAGPASALAMAT ILAF FORMATION 2019**

The following JHS Teachers will attend the **Pagpasalamat Formation** Schedule:

(25 years and above in service)

**July 12-13:** Ms. Ma. Teresa Lopez & Dr. Andrellyn L. Cabil  
Ms. Jinky June Ferrer

**July 26-27:** Ms. Rosemarie Dolor Ms. Carmen Penado  
Ms. Jo Caña Ms. Cyril de la Cruz  
Dr. Elvira B. Singson Ms. Nonette Diaz

**GRADE 7 AND 8 CLUBS**

**LIST OF CLUBS AND MODERATORS**

Club	Moderator	Venue
<b>SPORTS CLUBS</b>		
Badminton	Mr. Renante Cañada	LG Covered Court
Basketball	Coach Ryan Concha	UG Covered Court
Chess	Mr. Bhenjay Mondejar	Room 8C
Volleyball Boys	Mr. Ian Sabio	UG Covered Court
Volleyball Girls	Ms. Adelfa Gromea	UG Covered Court
<b>INTEREST CLUBS</b>		
Artist Pool	Ms. Armie Arangote	Room 8D
Chef's Circle	Ms. Shiela Tan	TLE Lab
Chorale	Ms. Zairah Gromea	Room 8E
Dance	Mr. Bernard Gonzales Mr. John Paul Edang	UG Lobby
Photography	Ms. Michelle Ballesteros	Room 8A
<b>SERVICE CLUBS</b>		
Explorer Scouts	Mr. Jireh Parpa Mr. Matthew Ledesma	Handball Court
IS Praisers and Acolytes	Ms. Anna Salvador	UG Chapel
Girl Scouts of the Philippines	Ms. Tess Lopez	Room 8G
YCER Junior	Ms. Kristin Baqueriza	Room 9B
Young Educator's Society	Ms. Rosanna Gaspay	Room 9A
<b>ACADEMIC CLUBS</b>		
Computer	Mr. Bernie Patarata	UG Comp Lab
Euler's	Ms. Ana Mher Guanzon	Room 8B
Read Alert	Ms. Tina Navarro	UG Library
Robotics	Mr. Rey Jastia	Physics Lab

**NUTRITION MONTH 2019 SCHEDULE OF ACTIVITIES**

July 12	<b>Reachout Activity (Feeding Program &amp; Book Donation)</b> at Antipolo Elementary School, Pontevedra (c/o Practical Arts Dept.)
July 15-26	<b>Trivia Question Contest</b> for Grades 5 and 6
July 18	<b>Animoves</b> Grades 4, 5 & 6 during Club period (7 <sup>th</sup> period) Grades 7 and 8 during Club period (8 <sup>th</sup> period)
July 22-31	<b>Photoshoot Contest Exhibit</b>
July 26	<b>Animoves</b> Grade 10 (during CAT period), Grade 9 students, Faculty and Staff are invited to join <b>Upper Grades Cookfest (UG)</b>
July 31	<b>Tour at the Institute for Culinary Arts (ICA)</b> (Winners of Grade 5 & 6 Trivia Question Contest)

**FROM IS PUBLICATIONS**

(The Crossroads, Ang Layag, Green Beacon and Luntiang Tanglaw)  
Members of the said publications will have a month-long **JOURNALISM SEMINAR-WORKSHOP** on:

**July 13, 2019 (Saturday)**

**8:00am - 4:00PM | MM Audi A**

Speaker: Josarlo Caldera, EPS II Supervisor; former Division, Regional and National President of Campus Journalism

Topic: Photojournalism, Cartooning, Collaborative & Desktop Publishing

Note: *Please bring writing materials, lunch and snacks (am and pm).*

**FROM THE JUNIOR HIGH SCHOOL DFO**

**GOOD GROOMING INSPECTION**

July 8- 12, 2019

*Please refer to the uniform and haircut policy of the school.*

**FROM THE LOWER GRADES LVP OFFICE****PAGPASALAMAT ILAF FORMATION 2019 PARTICIPANTS**

July 12-13, 2019: Ms. Gertie Bonifacio Ms. Mary Grace Sison  
Ms. Gertrude Hosillos

OIC LVP - Ms. Alma Cabalo

OIC DFOs \*AM-Mr. Benjamin Positos | \*PM-Ms. Daina Tupas

July 26-27, 2019: Ms. Alma Cabalo Ms. Ana Mitra  
Mr. Ruel Abalayan Ms. Irene Grace Yulo

**FROM IS CELAM****CONFESSIONS / RECOLLECTIONS / HOLY MASS**

Date	Event
July 11 (Thu)	8A – Recollection & Reach Out
	7A – Novena Mass (5:30PM @ Carmelite)
July 12 (Fri)	Institutional Visioning @ Nature's, Talisay
July 15 (Mon)	Distribution of Confirmation Letter to Parents
July 16 (Tue)	8C – Recollection and Reach Out
July 17 (Wed)	6A – Holy Mass
July 18 (Thu)	8D – Recollection and Reach Out
July 20 (Sat)	7C – Sponsored Mass (5:30PM @ Main Chapel)
	CPM Workshop

**FROM IS BALAYAN****GRADE 8 REACH-OUT SCHEDULES**

Section	Date	Recipient/ Institution
8B	July 11	Holy Infant, Brgy. Sum-ag
8C	July 16	Missionaries of Charity, Brgy. Banago
8D	July 18	St. Vincent Home for the Aged, Brgy. Tangub
8E	July 23	Missionaries of Charity, Brgy. Banago
8F	July 30	Holy Infant, Brgy. Sum-ag
8G	Aug. 20	Bahay Pag-asa, Brgy. Granada

**HEALTH SERVICES CENTER****PHYSICAL EXAMINATION SCHEDULE**

July 11 (Thu)	Grade 1E	8:00-9:00AM
July 15 (Mon)	Grade 2A	1:30-2:30PM
July 16 (Tue)	Grade 2B	8:00-9:00AM
	Grade 2C	1:30-2:30PM
July 17 (Wed)	Grade 2D	8:00-9:00AM
	Grade 2E	1:30-2:30PM
July 18 (Thu)	Grade 3A	8:00-9:00AM

**FROM INSTITUTIONAL VARSITY SPORTS OFFICE****MCDONALD'S KANGA CUP 2019**

July 7-12, 2019 | Canberra, Australia

Student-athlete participant: John Matthew S. Eriso 7A

The above student-athlete participant is excused from his July 1-5 and July 8-12 classes.

**TRYOUT SCHEDULES**

ELEMENTARY & HIGH SCHOOL	
ATHLETICS	July 15-16, 2019
	Elementary: 4:30 PM   High School: 6:30 PM

**DATES TO REMEMBER**

July 12	Departmental Meetings
July 13	Spirit Night
July 19	Level Meetings
August 5-7	1 <sup>st</sup> Quarterly Assessment (Exams)
August 8-19	Q1 PT Completion

**FROM THE GUIDANCE SERVICES CENTER****IN-HOUSE TESTING SCHEDULE**

DATE	PERIOD	GRADE & SECTION
July 15 (Mon)	1 <sup>st</sup> period	6E
	3 <sup>rd</sup> period	3B
	4 <sup>th</sup> period	5C
July 16 (Tue)	1 <sup>st</sup> period	2A
	2 <sup>nd</sup> period	3D, 6A
	3 <sup>rd</sup> period	3C
	4 <sup>th</sup> period	6C
July 17 (Wed)	6 <sup>th</sup> period	2B
	1 <sup>st</sup> period	2C, 5B
	3 <sup>rd</sup> period	3A, 6D
July 18 (Thu)	5 <sup>th</sup> period	2D
	2 <sup>nd</sup> period	3E, 5A
July 19 (Fri)	3 <sup>rd</sup> period	5D
	4 <sup>th</sup> period	2E
July 22 (Mon)	2 <sup>nd</sup> period	6B
	3 <sup>rd</sup> period	5E
July 23 (Tue)	2 <sup>nd</sup> period	4B
	3 <sup>rd</sup> period	4E
July 24 (Wed)	2 <sup>nd</sup> period	4C
July 25 (Thu)	2 <sup>nd</sup> period	4D
	2 <sup>nd</sup> period	4A

Note: Students are requested to bring a well-sharpened pencil with eraser.

**FROM THE RDJ LIBRARY****LIBRARY INSTRUCTION****WRITING A BIBLIOGRAPHY AND IN-TEXT CITATIONS: MLA FORMAT**

by Ms. Dione Monserate

**SCHEDULE OF CLASSES:**

July 15 (Mon)	1 <sup>st</sup> period - 8A (Ms. Ayre) 7 <sup>th</sup> period - 8B (Ms. Ayre) 8 <sup>th</sup> period - 8C (Ms. Ayre)
July 16 (Tue)	2 <sup>nd</sup> period - 8E (Ms. Sarmiento) 4 <sup>th</sup> period - 8G (Ms. Sarmiento) 6 <sup>th</sup> period - 8D (Ms. Sarmiento) 7 <sup>th</sup> period - 8F (Ms. Sarmiento)
July 17 (Wed)	1 <sup>st</sup> - 2 <sup>nd</sup> periods - 7A (Ms. Cadigal) 5 <sup>th</sup> - 6 <sup>th</sup> periods - 7F (Mr. Parpa) 7 <sup>th</sup> - 8 <sup>th</sup> periods - 7D (Ms. Cuadra)
July 18 (Thu)	6 <sup>th</sup> - 7 <sup>th</sup> periods - 7E (Mr. Parpa)
July 22 (Mon)	5 <sup>th</sup> - 6 <sup>th</sup> periods - 7B (Ms. Cuadra)
July 23 (Tue)	3 <sup>rd</sup> - 4 <sup>th</sup> periods - 7G (Ms. Cuadra) 7 <sup>th</sup> - 8 <sup>th</sup> periods - 7C (Mr. Parpa)

**FROM THE OFFICE OF THE VICE PRINCIPAL FOR ACADEMICS****ICT SKILLS AUDIT**

All Faculty Members are requested to accomplish as soon as possible the ICT SKILLS AUDIT via [https://tiny.cc/usls\\_is](https://tiny.cc/usls_is) or thru the google form sent thru e-mail as part of our School Technology Integration Program (STIP) spearheaded by Dr. Michael Canada and Ms. Lynn Ninonuevo. This online survey was developed by STIP committee member Mr. Ernie Acuna. Please be guided accordingly. Thank you.

**NEW CUT-OFF TIME FOR IS DAILY BULLETIN POSTING**

1:30PM (Daily)

Please be guided accordingly

**FACULTY AND STAFF DEVELOPMENT****MANDATORY FIRE BRIGADE TRAINING**

July 8-12, 2019 | Cody Conference Room A

Participants from IS:

Mr. Ralf Eugene Abanilla Mr. Harmond Ortega

