

INTEGRATED SCHOOL Daily Bulletin



SY 2019-2020 Wednesday, July 17, 2019 | No. 24

Attribute for the month: *Commitment to Excellence*

Bible Verse for the Day:

It is more blessed to give than to receive. – *Acts 20:35*

Reflection:

The open hand is blessed, for it gives abundance even as it receives.

NUTRITION MONTH 2019

Theme: **Start the Lasallian PUSH: Proper Understanding of Self and Health**

TRIVIA QUESTION FOR THE DAY (July 17, 2019) for Grades 5 and 6 only (in Celebration of Nutrition Month 2019)

➤ **What nutrients are needed to build, repair and maintain body tissue?**

PREVIOUS TRIVIA QUESTION (July 16, 2019):

✓ What is the body's main source of energy? **ANSWER: Carbohydrates (Winner: Julian Perez 5E)**

NUTRITION MONTH 2019 SCHEDULE OF ACTIVITIES

July 15-26	<p>Trivia Question Contest for Grades 5 and 6</p> <p><i>Trivia Mechanics:</i></p> <ol style="list-style-type: none"> 1. Trivia is open from Grades 5 to 6 students only. It will run from July 15-26 only. 2. Questions for the day will be published in the Daily Bulletin. 3. Answer and winner for the day will be published the following day in the Daily Bulletin. 4. Each participant is entitled for a single entry. A participant who has more than one (1) entry will be automatically disqualified. 5. Answers should be written legibly on a ¼ sheet of paper with complete Name/Grade and section. 6. Entries should be dropped in a box inside the HELE Lab in Santuario before 12:30PM c/o Ms. Rosela. 7. 10 lucky winners will have the chance to tour and listen to the expertise of chefs at the USLS Institute of Culinary Arts (ICA) on July 31 4PM.
July 18	<p>Animoves</p> <p>Grades 4, 5 & 6 during Club period (7th period) Grades 7 and 8 during Club period (8th period)</p>
July 22-31	<p>Photoshoot Contest Exhibit</p>
July 26	<p>Animoves</p> <p>Grade 10 (during CAT period), Grade 9 students, Faculty and Staff are invited to join</p>
	<p>Upper Grades Cookfest (UG)</p>
July 31	<p>Tour at the Institute for Culinary Arts (ICA) (Winners of Grade 5 & 6 Trivia Question Contest)</p>

Congratulations!

ADDITIONAL AWARDEE FOR EXCELLENCE IN DEPARTMENT

for Grade 2 - SY 2018-2019

Beatrice Abigail H. Bibaoco

INVITATION FROM THE MATH DEPARTMENT

ASSOCIATION OF MATHSCI LEAGUE INC. (AMSLI)

Qualifying Exam: **July 28, 2019 (Sunday)**

Grades 2-5 – 8:00-10:00AM

Grade 6-10 – 10:00AM-12:00NN

Venue: USLS-IS

Please submit reply slips and registration fee (P50.00) to your respective Math Teachers.

MATH TRAINER'S GUILD (MTG)

Qualifying Exam: **July 20, 2019 (Saturday)**

8:00-11:00AM

Venue: Trinity Christian School

Please submit your names in a ¼ sheet of paper with your Birthday and registration fee (P35.00) to your respective Math Teachers.

FROM IS PUBLICATIONS

(The Crossroads, Ang Layag, Green Beacon and Luntiang Tanglaw)
Members of the said publications will have a month-long **JOURNALISM SEMINAR-WORKSHOP** on the following dates and venue:

July 19, 2019 (Friday)

2:30-4:30PM | Santuario, Room 5A

Speaker: Jose Dante Albao Jr., Executive Director of Philippine Reef and Rainforest Conservation Foundation Inc.; Sun Star Lifestyle writer

Topics: Feature and SciTech Writing

July 20, 2019 (Saturday)

8:00AM-12:00NN | MM Audi B

Speaker: Mark Raymund Garcia, Sagay Tourism Communications Consultant; Former The Visayan Daily Star and Manila Bulletin writer

Topics: Sports and News Writing (English and Filipino)

Note: Please bring writing materials, lunch and snacks (am and pm) except for July 20 (snacks and lunch will be served).

HEALTH SERVICES CENTER

PHYSICAL EXAMINATION SCHEDULE

July 17 (Wed)	Grade 2D	8:00-9:00AM
	Grade 2E	1:30-2:30PM
July 18 (Thu)	Grade 3A	8:00-9:00AM
July 22 (Mon)	Grade 3B	1:30-2:30PM
July 23 (Tue)	Grade 3C	8:00-9:00AM
	Grade 3D	1:30-2:30PM
July 24 (Wed)	Grade 3E	8:00-9:00AM
	Grade 4A	1:30-2:30PM
July 25 (Thu)	Grade 4B	8:00-9:00AM

DATES TO REMEMBER

July 19	Level Meetings (cancelled due to The Kundirana)
August 5-7	1 st Quarterly Assessment (Exams)
August 8-19	Q1 PT Completion

FROM THE GUIDANCE SERVICES CENTER

IN-HOUSE TESTING SCHEDULE			
DATE	PERIOD	GR. & SEC.	EXAMINER(S)
July 17 (Wed)	1 st period	2C, 5B, 8G	Ms. Jenny, Sir Harmond Ms. Nonette
	2 nd period	9A	Sir Josef
	3 rd period	3A, 6D, 8B, 9C	Ms. Jenny, Sir Harmond, Ms. Nonette, Sir Josef
	4 th period	7A	Ms. Anna
	5 th period	2D	Ms. Jenny
July 18 (Thu)	1 st period	8F	Ms. Nonette
	2 nd period	3E, 5A, 7E, 9G	Ms. Fay, Sir Harmond, Ms. Anna, Sir Josef
	3 rd period	5D, 7B, 9B	Sir Harmond, Ms. Anna, Sir Josef
	4 th period	2E	Ms. Jenny
July 19 (Fri)	2 nd period	6B	Sir Harmond
	3 rd period	5E, 7F, 9A	Sir Harmond, Ms. Anna, Ms. Nonette
July 22 (Mon)	2 nd period	4B	Ms. Fay
	3 rd period	4E, 10D	Ms. Anna, Sir Josef
July 23 (Tue)	2 nd period	4C	Ms. Anna
	4 th period	10C	Sir Josef
July 24 (Wed)	2 nd period	4D, 10B	Ms. Anna, Sir Josef
	3 rd period	10F	Sir Josef
July 25 (Thu)	2 nd period	4A, 10A	Ms. Fay, Sir Josef
	3 rd period	10E	Sir Josef

Note: Students are requested to bring a well-sharpened pencil with eraser.

FROM THE LLM LIBRARY

LIBRARY INSTRUCTION PROGRAM

Grade 2: Parts of the Book and e-Book orientation

July 17, 2019 (Wed) 1st period - 2D
3rd period - 2A
5th period - 2B

July 18, 2019 (Thu) 4th period - 2E
6th period - 2C

FROM THE RDJ LIBRARY

LIBRARY INSTRUCTION

WRITING A BIBLIOGRAPHY AND IN-TEXT CITATIONS: MLA FORMAT (by Ms. Dione Monserate)

SCHEDULE OF CLASSES:

July 17 (Wed) 1st - 2nd periods - 7A (Ms. Cadigal)
5th - 6th periods - 7F (Mr. Parpa)
7th - 8th periods - 7D (Ms. Cuadra)

July 18 (Thu) 6th - 7th periods - 7E (Mr. Parpa)

July 22 (Mon) 5th - 6th periods - 7B (Ms. Cuadra)

July 23 (Tue) 3rd - 4th periods - 7G (Ms. Cuadra)
7th - 8th periods - 7C (Mr. Parpa)

FROM IS CELAM

CONFESSIONS / RECOLLECTIONS / HOLY MASS	
Date	Event
July 17 (Wed)	6A – Holy Mass
July 18 (Thu)	8D – Reflection and Reach Out
July 20 (Sat)	7C – Sponsored Mass (5:30PM @ Main Chapel)
	CPM Workshop

BEed MEMO NO. 5

OIC – INTEGRATED SCHOOL PRINCIPAL for July 18-22, 2019

➤ Ms. Lelanie G. Reforma, MEed

*Br. Sockie as Director of Professional Development for the Lasallian East Asia District (LEAD) was asked by their canonical superior, Brother Visitor Armin Luistro FSC to be present during his first District Council meeting on the said dates at Manila

FROM IS BALAYAN

IS BALAYAN SCHEDULES

July 17 Kasanagan Supervisors Orientation
4:00PM, PAASCU Room

GRADE 8 REACH-OUT SCHEDULES		
Section	Date	Recipient/ Institution
8D	July 18	St. Vincent Home for the Aged, Brgy. Tangub
8E	July 23	Missionaries of Charity, Brgy. Banago
8F	July 30	Holy Infant, Brgy. Sum-ag
8G	Aug. 20	Bahay Pag-asa, Brgy. Granada

FROM INSTITUTIONAL VARSITY SPORTS OFFICE

SCHEDULE OF ECG TESTS

for the Basketball Varsity Teams
Venue: High School Clinic

July 18 (Thursday)

- 10AM-12NN
- For 12-under and Aspirants Boys Basketball Teams

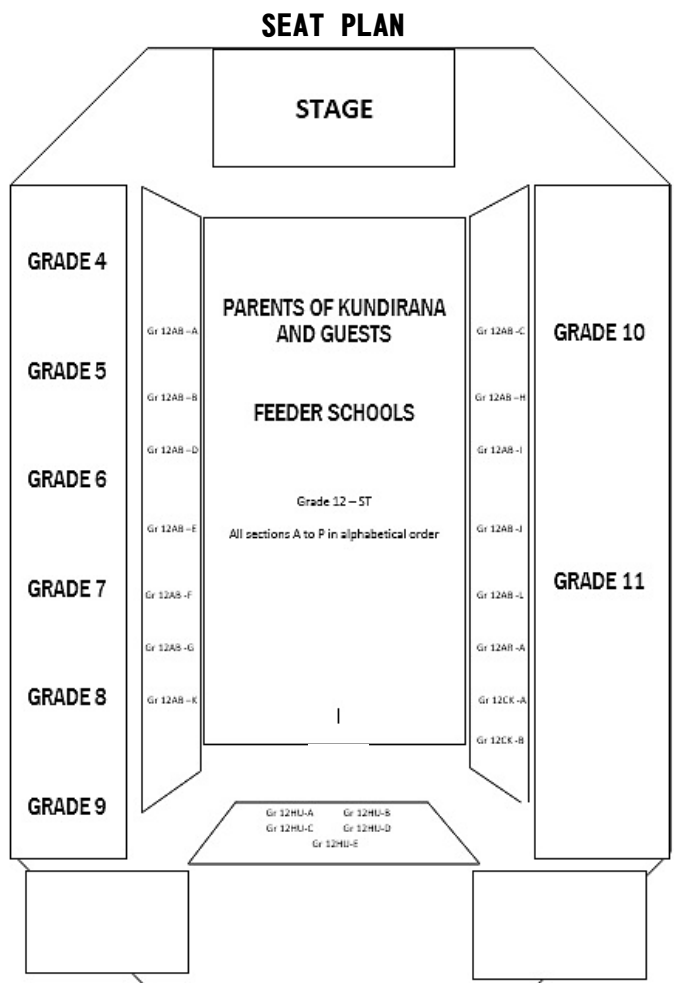
July 23 (Tuesday) and July 25 (Thursday)

- 10AM-12NN
- for 10-under and Junior Boys Basketball Teams

Note: Please bring 300 pesos for the payment.

THE KUNDIRANA

Grades 4 to Grades 12 will be attending the Matinee Concert of the Kundirana on July 19, 2019, 2:00PM at the Coliseum. Homeroom Advisers are requested to supervise the students during the event.



The Kundirana, a Lasallian high school music ministry and organization composed of third and fourth year high school students from La Salle Green Hills will have a fundraising concert at the USLS Coliseum on the same date but at 6:30PM.

Tickets are available at the USLS Coliseum Office, University Student Government and the Center for Advancement. For further inquiries please contact 0917-7713319 or 434-6100 loc 153 or 154.

