

INTEGRATED SCHOOL Daily Bulletin



SY 2019-2020 Friday, July 19, 2019 | No. 25

Attribute for the month: Commitment to Excellence

Bible Verse for the Day:

Let no one who waits on You be ashamed. – *Psalm 25:3 NKJV*

Reflection:

Waiting on God is active trust in Him.

NUTRITION MONTH 2019

Theme: **Start the Lasallian PUSH: Proper Understanding of Self and Health**

TRIVIA QUESTION FOR THE DAY (July 19, 2019) for Grades 5 and 6 only (in Celebration of Nutrition Month 2019)

➤ **What fruit is high in potassium?**

PREVIOUS TRIVIA QUESTION (July 17, 2019):

➤ **What nutrients are needed to build, repair and maintain body tissue? ANSWER: Protein | WINNER: Rodolfo E. Limsiaco III 6A**

NUTRITION MONTH 2019 SCHEDULE OF ACTIVITIES

July 15-26	<p>Trivia Question Contest for Grades 5 and 6</p> <p><i>Trivia Mechanics:</i></p> <ol style="list-style-type: none"> 1. Trivia is open from Grades 5 to 6 students only. It will run from July 15-26 only. 2. Questions for the day will be published in the Daily Bulletin. 3. Answer and winner for the day will be published the following day in the Daily Bulletin. 4. Each participant is entitled for a single entry. A participant who has more than one (1) entry will be automatically disqualified. 5. Answers should be written legibly on a ¼ sheet of paper with complete Name/Grade and section. 6. Entries should be dropped in a box inside the HELE Lab in Santuario before 12:30PM c/o Ms. Rosela. 7. 10 lucky winners will have the chance to tour and listen to the expertise of chefs at the USLS Institute of Culinary Arts (ICA) on July 31 4PM.
July 22-31	Photoshoot Contest Exhibit
July 26	<p>Animoves Grade 10 (during CAT period), Grade 9 students, Faculty and Staff are invited to join</p> <p>Upper Grades Cookfest (UG)</p>
July 31	Tour at the Institute for Culinary Arts (ICA) (Winners of Grade 5 & 6 Trivia Question Contest)

INVITATION FROM THE MATH DEPARTMENT

MATH TRAINER'S GUILD (MTG)

Qualifying Exam: **July 20, 2019 (Saturday)**

8:00-11:00AM

Venue: Trinity Christian School

Please submit your names in a ¼ sheet of paper with your Birthday and registration fee (P35.00) to your respective Math Teachers.

ASSOCIATION OF MATHSCI LEAGUE INC. (AMSLI)

Qualifying Exam: **July 28, 2019 (Sunday)**

Grades 2-5 – 8:00-10:00AM

Grade 6-10 – 10:00AM-12:00NN

Venue: USLS-IS

Please submit reply slips and registration fee (P50.00) to your respective Math Teachers.

FROM IS PUBLICATIONS

(The Crossroads, Ang Layag, Green Beacon and Luntiang Tanglaw)

Members of the said publications will have a month-long **JOURNALISM SEMINAR-WORKSHOP** on the following dates and venue:

July 19, 2019 (Friday) moved to August 2, 2019 (Friday)

2:30-4:30PM | Venue will be announced soon

Speaker: Jose Dante Albao Jr., Executive Director of Philippine Reef and Rainforest Conservation Foundation Inc.; Sun Star Lifestyle writer

Topics: Feature and SciTech Writing

July 20, 2019 (Saturday)

8:00AM-12:00NN | MM Audi B

Speaker: Mark Raymund Garcia, Sagay Tourism Communications Consultant; Former The Visayan Daily Star and Manila Bulletin writer

Topics: Sports and News Writing (English and Filipino)

Note: Please bring writing materials, lunch and snacks (am and pm) except for July 20 (snacks and lunch will be served).

HEALTH SERVICES CENTER

PHYSICAL EXAMINATION SCHEDULE

July 22 (Mon) Grade 3B 1:30-2:30PM

July 23 (Tue) Grade 3C 8:00-9:00AM

Grade 3D 1:30-2:30PM

July 24 (Wed) Grade 3E 8:00-9:00AM

Grade 2D 1:30-2:30PM

July 25 (Thu) Grade 2E 8:00-9:00AM

DATES TO REMEMBER

August 5-7 1st Quarterly Assessment (Exams)

August 8-19 Q1 PT Completion

FROM THE GUIDANCE SERVICES CENTER

IN-HOUSE TESTING SCHEDULE

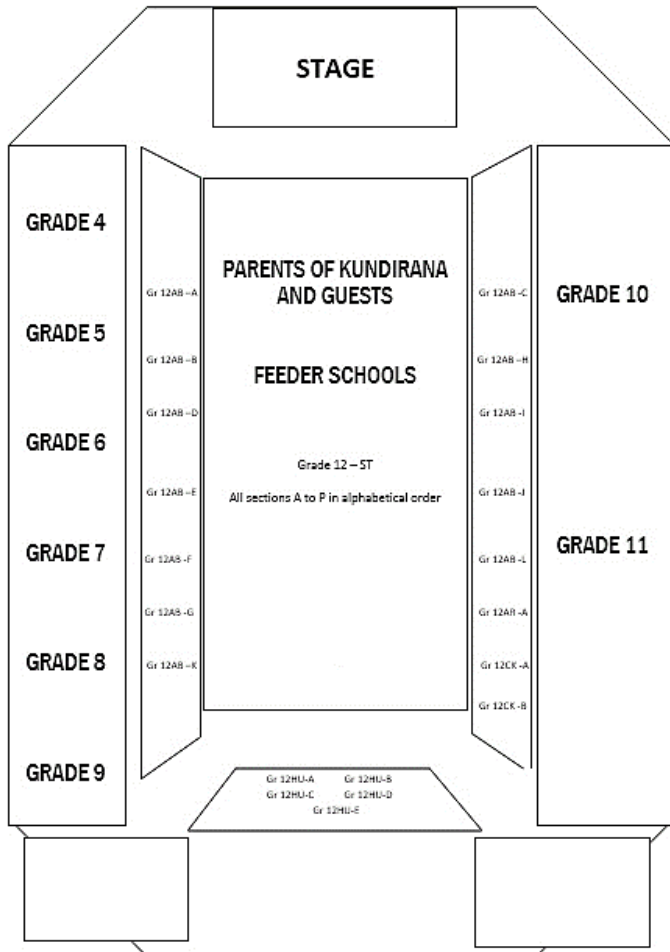
DATE	PERIOD	GR. & SEC.	EXAMINER(S)
July 19 (Fri)	2 nd period	6B, 9C	Sir Harmond, Sir Josef
	3 rd period	5E, 7F, 9A	Sir Harmond, Ms. Anna, Sir Josef
July 22 (Mon)	1 st period	8B	Ms. Nonette
	2 nd period	4B	Ms. Fay
	3 rd period	4E, 8G, 10D	Ms. Anna, Ms. Nonette, Sir Josef
July 23 (Tue)	2 nd period	4C	Ms. Anna
	3 rd period	7A	Ms. Anna
	4 th period	10C	Sir Josef
July 24 (Wed)	2 nd period	2D, 4D, 10B	Ms. Jenny, Ms. Anna, Sir Josef
	3 rd period	3A, 10F	Ms. Fay, Sir Josef
	6 th period	2C	Ms. Jenny
July 25 (Thu)	2 nd period	4A, 10A	Ms. Fay, Sir Josef
	3 rd period	10E	Sir Josef

Note: Students are requested to bring a well-sharpened pencil with eraser.

THE KUNDIRANA

Grades 4 to Grades 12 will be attending the Matinee Concert of the Kundirana **TODAY, July 19, 2019, 2:00PM** at the Coliseum. Homeroom Advisers are requested to supervise the students during the event.

SEAT PLAN



The Kundirana, a Lasallian high school music ministry and organization composed of third and fourth year high school students from La Salle Green Hills will have a fundraising concert at the USLS Coliseum on the **same date** at **6:30PM**.

Tickets are available at the USLS Coliseum Office, University Student Government and the Center for Advancement.

Bleachers - P100 Floor seats back – P350
Loge – P250 Floor seats front – P450

The proceeds of the concert will be for the benefit of Bahay Pag-Asa Youth Center. The center operates as a transformational facility exclusively for Children-in-Conflict with the Law (CICL) and Children-at-Risk (CAR) from Bacolod City and other Cities and Municipalities in Negros Occidental

For further inquiries please contact 0917-7713319 or 434-6100 loc 153 or 154.

FROM INSTITUTIONAL VARSITY SPORTS OFFICE

SCHEDULE OF ECG TESTS

for the Basketball Varsity Teams

Venue: High School Clinic

July 23 (Tuesday) and July 25 (Thursday)

- 10AM-12NN
- for 10-under and Junior Boys Basketball Teams

Note: Please bring 300 pesos for the payment.

FROM IS BALAYAN

GRADE 8 REACH-OUT SCHEDULES

Section	Date	Recipient/ Institution
8E	July 23	Missionaries of Charity, Brgy. Banago
8F	July 30	Holy Infant, Brgy. Sum-ag
8G	Aug. 20	Bahay Pag-asa, Brgy. Granada

FROM THE JUNIOR HIGH SCHOOL LVP OFFICE

In view of the Kundirana Show TODAY, July 19, 2019, there will be no 6th period class.

Homeroom Advisers will go back to their Homeroom Class to check the attendance and conduct the students to the Coliseum at exactly 1:30PM. Please refer to the seat plan published.

Non Homeroom Subject Teachers are highly requested to assist the Homeroom Advisers in supervising their students as per Level assignment.

Students will be dismissed in the Coliseum after the show.

FROM THE LLM LIBRARY

LIBRARY INSTRUCTION PROGRAM

Grade 2: Parts of the Book and e-Book orientation

July 19, 2019 1st Period - 2E
 2nd Period - 2A
 3rd Period - 2C

FROM THE RDJ LIBRARY

LIBRARY INSTRUCTION

WRITING A BIBLIOGRAPHY AND IN-TEXT CITATIONS: MLA FORMAT (by Ms. Dione Monserate)

SCHEDULE OF CLASSES:

July 22 (Mon) 5th - 6th periods - 7B (Ms. Cuadra)
July 23 (Tue) 3rd - 4th periods - 7G (Ms. Cuadra)
 7th - 8th periods - 7C (Mr. Parpa)

FROM IS CELAM

CONFESSIONS / RECOLLECTIONS / HOLY MASS

Date	Event
July 20 (Sat)	7C – Sponsored Mass (5:30PM @ Main Chapel)
	CPM Workshop
July 23 (Tue)	8E – Reflection and Reach Out
July 24-25	Search In – Confession (1:20PM @ JHS Chapel)
July 26 (Fri)	5C – Class Mass (1:20PM @ Adoration Chapel)
July 26-28	Search In – Retreat
July 27 (Sat)	7D – Sponsored Mass (5:30PM @ Main Chapel)

AN INVITATION FROM THE SCIENCE DEPARTMENT AND IS RESEARCH

Registration Fee: P3,000.00
Inclusion: Snacks, Lunch, Certificate & ID

If interested, please submit your name to your Science Teacher.