

INTEGRATED SCHOOL Daily Bulletin



SY 2019-2020 Tuesday, July 23, 2019 | No. 26

Attribute for the month: Commitment to Excellence

Bible Verse for the Day:

I sought the Lord, and he answered me; he delivered me from all my fears. – *Psalms 34:4*

Reflection:

Ask God to free you from your fears.

NUTRITION MONTH 2019

Theme: **Start the Lasallian PUSH: Proper Understanding of Self and Health**

TRIVIA QUESTION FOR THE DAY (July 23, 2019) for Grades 5 and 6 only (in Celebration of Nutrition Month 2019)

➤ *What does fiber help to prevent?*

PREVIOUS TRIVIA QUESTIONS

- July 22, 2019: What vitamin may help to shorten the duration of colds? **ANSWER: Vitamin C | WINNER: Mich Ordon 6B & Henrich Grande 6B**
- July 19, 2019: What fruit is high in potassium? **ANSWER: Banana | WINNERS: Clarence Santos 5E & Mary Annesil Tambasen 6A**

FIRST QUARTER EXAMINATION SCHEDULE

CLE / MAPEH / COMPUTER EXAMS: JULY 29 - AUGUST 3, 2019

GRADE LEVEL	AUGUST 5 (MON)		AUGUST 6 (TUE)			AUGUST 7 (WED)	
	1 st	2 nd	1 st	2 nd	3 rd	1 st	2 nd
Kinder	Reading		Math	Filipino		English	
Grade 1	Reading	Science	English	AP		Filipino	Math
Grade 2	Science	English	AP	Math		Filipino	Reading
Grade 3	AP	Math	Science	English		Filipino	Reading
Grade 4	Science	English	Math	HELE		AP	Filipino
Grade 5	Math	English	AP	Science		Filipino	HELE
Grade 6	Math	HELE	AP	Science		Filipino	English
Grade 7	Filipino	TLE	Math	AP		Science	English
Grade 8	Science	Filipino	English	AP		Math	TLE
Grade 9	English	Science	Filipino	TLE	BK 1	Math	AP
Grade 10	Filipino	Science	AP	Math	BK 2	English	Elective

Note: *Subject teachers are reminded to post Pointers for Review for the quarter examinations. Students are reminded to settle accountabilities at the Business Office.*

FROM THE CLE DEPARTMENT

1st QUARTER EXAM SCHEDULE FOR GRADE 1 (CLE)

DATE	PERIOD	SECTION	ASSISTED BY
August 1 (Thu)	2 nd period	1D	Sir Kent
	4 th period	1C	Ms. Minerva
August 2 (Fri)	1 st period	1A	Ms. Jessa
	2 nd period	1B	Ms. Jo
	4 th period	1E	Ms. Jessa

FROM THE GUIDANCE SERVICES CENTER

IN-HOUSE TESTING SCHEDULE

DATE	PERIOD	GR. & SEC.	EXAMINER(S)
July 23 (Tue)	2 nd period	4C	Ms. Anna
	3 rd period	7A	Ms. Anna
	4 th period	10C	Sir Josef
July 24 (Wed)	2 nd period	2D, 4D, 10B	Ms. Jenny, Ms. Anna, Sir Josef
	3 rd period	3A, 10F	Ms. Fay, Sir Josef
	6 th period	2C	Ms. Jenny
July 25 (Thu)	2 nd period	4A, 10A	Ms. Fay, Sir Josef
	3 rd period	10E	Sir Josef

Note: *Students are requested to bring a well-sharpened pencil with eraser.*

NUTRITION MONTH 2019 SCHEDULE OF ACTIVITIES

July 15-26	Trivia Question Contest for Grades 5 and 6 <i>Please refer to the previous publications of the IS Daily Bulletin for the Mechanics</i>
July 22-31	Photoshoot Contest Exhibit
July 26	Animoves Grade 10 (during CAT period), Grade 9 students, Faculty and Staff are invited to join
	Upper Grades Cookfest (UG)
July 31	Tour at the Institute for Culinary Arts (ICA) <i>(Winners of Grade 5 & 6 Trivia Question Contest)</i>

HEALTH SERVICES CENTER

PHYSICAL EXAMINATION SCHEDULE

July 23 (Tue)	Grade 3C	8:00-9:00AM
	Grade 3D	1:30-2:30PM
July 24 (Wed)	Grade 3E	8:00-9:00AM
	Grade 2D	1:30-2:30PM
July 25 (Thu)	Grade 2E	8:00-9:00AM

INVITATION FROM THE MATH DEPARTMENT**ASSOCIATION OF MATHSCI LEAGUE INC. (AMSLI)**

Qualifying Exam: **July 28, 2019 (Sunday)**
 Grades 2-5 – 8:00-10:00AM
 Grade 6-10 – 10:00AM-12:00NN
 Venue: USLS-IS

Please submit reply slips and registration fee (P50.00) to your respective Math Teachers.

FROM THE LLM LIBRARY**DEAR (Drop Everything And Read) PROGRAM SCHEDULE**

July 23, 2019 (Tuesday) 7th period - 6E
 8th period - 6B

July 24, 2019 (Wednesday) 6th period - 6D
 7th period - 6C

FROM THE RDJ LIBRARY**LIBRARY INSTRUCTION****WRITING A BIBLIOGRAPHY AND IN-TEXT CITATIONS: MLA FORMAT**

(by Ms. Dione Monserate)

SCHEDULE OF CLASSES:

July 22 (Mon) 5th - 6th periods - 7B (Ms. Cuadra)

July 23 (Tue) 3rd - 4th periods - 7G (Ms. Cuadra)
 7th - 8th periods - 7C (Mr. Parpa)

July 24 (Wed) 1st - 2nd periods - 7A (Ms. Cadigal)
 5th - 6th periods - 7F (Mr. Parpa)
 7th - 8th periods - 7D (Ms. Cuadra)

LIBRARY RESEARCH

July 23 (Tue) 2nd period - English 8E (Ms. Sarmiento)
 4th period - English 8G (Ms. Sarmiento)
 5th period - English 8A (Ms. Ayre)
 6th period - English 8B (Ms. Ayre)
 7th period - English 8F (Ms. Sarmiento)

July 24 (Wed) 1st period - English 8B (Ms. Ayre)
 5th period - English 8D (Ms. Sarmiento)

FROM INSTITUTIONAL VARSITY SPORTS OFFICE**SCHEDULE OF ECG TESTS**

for the Basketball Varsity Teams

Venue: High School Clinic

July 23 (Tuesday) and July 25 (Thursday)

- 10AM-12NN
- for 10-under and Junior Boys Basketball Teams

Note: Please bring 300 pesos for the payment.

FROM IS PUBLICATIONS

(The Crossroads, Ang Layag, Green Beacon and Luntiang Tanglaw)

JOURNALISM SEMINAR-WORKSHOP:

August 2, 2019 (Friday)

2:30-4:30PM | Venue will be announced soon

Speaker: Jose Dante Albao Jr., Executive Director of Philippine Reef and Rainforest Conservation Foundation Inc.; Sun Star Lifestyle writer

Topics: Feature and SciTech Writing

Note: Please bring writing materials, lunch and snacks (am and pm) except for July 20 (snacks and lunch will be served).

FROM THE SCIENCE DEPARTMENT

1. **The Basic Electronics Elective Class** will meet at the College of Engineering Laboratory on **July 25, 2019** with *Eng'r. Ma. Fe Novia, MECE* as their Resource Speaker.

2. **Grade 5A Class** will have their field trip at Coca Cola Plant on **July 26, 2019, 12:30-3:00PM**

Teacher-Chaperones: *T. Dolly De la Serna*
Mr. Harmond Ortega

FROM IS BALAYAN OFFICE

Kasanagan Orientation for supervisors is moved to **July 24, 2019 (Wednesday), 4:15PM** at the 8F Classroom

KASANAGAN HOUSE VISITATION

July 25, 2019 | 9:30AM - 4:30PM

AN APPEAL TO ALL LASALLIANS

Let us help *Ms. Ma. Christina (Tina) Navarro* and her Family rebuild their home which was burned down last July 18, 2019 in Talisay City.

Please be extra generous to our MISSION COLLECTION today, July 23, 2019. Proceeds will be donated to Ms. Tina and her Family as a sign of our love, support and in solidarity with their situation.

For donations (in cash or in kind), please forward it to the IS Balayan or the Junior High School Office.

Thank you.

GRADE 8 REACH-OUT SCHEDULES

Section	Date	Recipient/ Institution
8E	July 23	Missionaries of Charity, Brgy. Banago
8F	July 30	Holy Infant, Brgy. Sum-ag
8G	Aug. 20	Bahay Pag-asa, Brgy. Granada

FROM IS CELAM**CONFESSIONS / RECOLLECTIONS / HOLY MASS**

Date	Event
July 23 (Tue)	8E – Recollection and Reach Out
July 24 (Wed)	5C – Confession (1:20PM @ JHS Chapel) <i>Colleen L. Javier, Juliana B. Divinagracia & John Palmer J. Encarnacion</i>
July 24-25	Search In – Confession (1:20PM @ JHS Chapel) July 24: <i>Varela 10A, Policarpio 10A, Vingno 10A, Quiro 10A, Macasero 10B, Cañada 10B, Magbanua 10B, San Jose 10B, Estrellas 10B, Trabasas 10C, Necesario 10C, Gonzaga 10C, Rabago 10D, Henares, 10E, Dator 10E, Evidente 10E, Murica 10F</i> July 25: <i>Alar 10A, Oribe 10A, Garzon 10A, Sombito 10A, Arante 10B, Ferrer 10B, Lapinig 10B, Baloyo 10B, Cruz 10B, Yusingco 10C, Echavarria 10C, Ferreras 10D, Villaruz 10D, Ongsingco 10E, Rectra 10E, Espacio 10F, Flora 10F</i> Note: The students listed above will be excused on the said date during the 6 th period and will proceed to the said venue.
July 26 (Fri)	5C – Class Mass (1:20PM @ Adoration Chapel)
July 26-28	Search In – Retreat
July 27 (Sat)	7D – Sponsored Mass (5:30PM @ Main Chapel)

FROM THE USLS IS UG DANCE TROUPE**AUDITION**

July 24-25, 2019 | 4-5PM | UG Lobby

Please prepare your 1 minute Dance Routine (Solo, Duo, Trio)
 Look for Sir John Paul

FROM THE FACULTY AND STAFF CLUB**OFFICERS MEETING**

July 25, 2019 | 4PM | RDJ Library

GENERAL ASSEMBLY

July 26, 2019 | 3:00PM | RDJ Library

DATES TO REMEMBER

August 8-19 Q1 PT Completion

