

INTEGRATED SCHOOL Daily Bulletin



SY 2019-2020 Monday, July 29, 2019 | No. 31

Attribute for the month: Commitment to Excellence

Bible Verse for the Day:

For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself". – *Galatians 5:14*

Reflection:

We show our love for God when we love one another.

NUTRITION MONTH 2019

Theme: **Start the Lasallian PUSH: Proper Understanding of Self and Health**



HEALTH TRIVIA THE DAY (in Celebration of Nutrition Month 2019)

➤ *The eye muscles are the most active in the body, moving more than 100,000 times a day!*

FIRST QUARTER EXAMINATION SCHEDULE

CLE / COMPUTER EXAMS: JULY 29 - AUGUST 3, 2019

GRADE LEVEL	AUGUST 5 (MON)		AUGUST 6 (TUE)			AUGUST 7 (WED)	
	1 st	2 nd	1 st	2 nd	3 rd	1 st	2 nd
Kinder	Reading		Math	Filipino		English	
Grade 1	Reading	Science	English	AP		Filipino	Math
Grade 2	Science	English	AP	Math		Filipino	Reading
Grade 3	AP	Math	Science	English		Filipino	Reading
Grade 4	Science	English	Math	HELE		AP	Filipino
Grade 5	Math	English	AP	Science		Filipino	HELE
Grade 6	Math	HELE	AP	Science		Filipino	English
Grade 7	Filipino	TLE	Math	AP		Science	English
Grade 8	Science	Filipino	English	AP		Math	TLE
Grade 9	English	Science	Filipino	TLE	BK 1	Math	AP
Grade 10	Filipino	Science	AP	Math	BK 2	English	Elective

Note: *Subject teachers are reminded to post Pointers for Review for the quarter examinations. Students are reminded to settle accountabilities at the Business Office.*

EXAM TIME SCHEDULE (MORNING SESSIONS FOR ALL)

- 7:30 – 8: Flag Ceremony/ Homeroom Period
- 8:00 – 9:00 FIRST EXAM
- 9:00 – 9:30 RECESS
- 9:30 – 10:30 SECOND EXAM
- 10:30 – 11:30 THIRD EXAM

NUTRITION MONTH 2019 SCHEDULE OF ACTIVITIES

July 31	Tour at the Institute for Culinary Arts (ICA) <i>(Winners of Grade 5 & 6 Trivia Question Contest)</i>
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ELECTIVE 10 ROOM ASSIGNMENTS

ELECTIVE 10	ROOM ASSIGNMENT
Human Anatomy A	10E
Human Anatomy B	10F
Game Development	JHS Computer Lab
Advanced Math	10D
Basic Electronics	Physics Lab
Creative & Journalistic Writing	10B
Advanced Economics	10C
Hotel and Restaurant Management	10A
Business Management w/ Advanced BK	RDJ Library

FROM THE CLE DEPARTMENT

1st QUARTER EXAM SCHEDULE FOR GRADE 1 (CLE)

DATE	PERIOD	SECTION	ASSISTED BY
August 1 (Thu)	2 nd period	1D	Sir Kent
	4 th period	1C	Ms. Minerva
August 2 (Fri)	1 st period	1A	Ms. Jessa
	2 nd period	1B	Ms. Jo
	4 th period	1E	Ms. Jessa

FROM THE MATH DEPARTMENT

AMEP (AMSLI MATHEMATICS ENRICHMENT PROGRAM)

Like us on Facebook [AMSLI-Bacolod@facebook.com](https://www.facebook.com/AMSLI-Bacolod@facebook.com)

REMINDERS:

- Exam Date: **July 28, 2019 (Sunday)**
- Time: 8:00–10:00AM (Grades 2-5)
10:00AM–12:00NN (Grades 6-10)
- Venue: USLS-IS Junior High School Building
(pass through Gate #5 or Gate #6)

Please take note of the following:

1. Bring pencil to be used for shading. This is because the machine will check the papers.
2. During the test, any gadget especially cellphone or camera ARE NOT ALLOWED.
3. No need to come in school uniform, civilian clothes may do.
4. Come at least 30 minutes before the time for confirmation of registration and room assignment.
5. Bring water and snacks.

Thank you and God Bless.

FROM THE SCIENCE DEPARTMENT

To those who signified to join the training-workshop on the conduct of **Scientific Research in Cebu City**, there will be a meeting with your parents and the teacher-participants **today, 4:00PM at Room 10A.**

FROM THE ARLING PANLIPUNAN DEPARTMENT

- The **Grade 10 students** will have a Talk on “**Basic Life Support, Basic First Aid and CPR**” as their Scaffold 2 on **July 29-31, 2019** during their respective AP 10 classes.

Speaker: *Amity Volunteer Fire Brigade Members*

- An Enrichment Talk on “**Disaster Management**” will be given to the **Grade 10 students** on **August 2, 2019** during their CAT period at the **MM Audi A.**

Speaker: *Mr. Geoffrey Gutierrez, OIC, Executive Assistant CDRRM Office, Talisay City, Negros Occidental*

FROM INSTITUTIONAL VARSITY SPORTS OFFICE**2019 PETRON MOTORSPORTS KARTING SERIES**

July 27-28, 2019 | Clark International Speedway, Pampanga

Participant: **Joaquin Ricardo Yulo 7A**

The above student-participant is excused from his July 26 and July 29 (AM) classes.

SCHEDULE OF ECG TESTS

10AM-12NN | Venue: High School Clinic

Note: *Please bring 300 pesos for the payment.*

July 30 (Tue)	HIGH SCHOOL VOLLEYBALL
August 1 (Thu)	<i>Aspirants & Junior Boys/Girls</i>
August 8 (Tue)	ELEMENTARY VOLLEYBALL
August 13 (Thu)	<i>12-under, 10-under Boys/Girls</i>

FROM IS CELAM**CONFESSIONS / RECOLLECTIONS / HOLY MASS**

Date	Event
July 29 (Mon)	4A (1st Group) – Confession 1:20PM @ Adoration Chapel
July 30 (Tue)	8F – Reflection and Reach Out

FROM THE JHS LEVEL VICE PRINCIPAL

- Homeroom Advisers** are requested to submit the Reply Slips for Parent's Email.
- All unclaimed items recovered from the Varsity lockers** will be donated to the IS Balayan by August 1, 2019.
- Statement of Accounts** were given last July 23. Please remind your Parents to **settle the accounts** to avoid inconvenience.
- BEd Memo No. 6**
OIC – JHS LVP (July 26 & Aug 1): *Roseller M. Bejemino Jr., EdD (Elvira B. Singson, PhD attended the IIAF Pagpasalamat Formation at Manapla last July 26, 2019. She will also join the LASSO Assessment at Fortress College at Kabankalan City on August 1, 2019)*

FROM IS BALAYAN OFFICE

- THANK YOU and CONGRATULATIONS** to **8C, 8D** and **8E** for a successful Reachout Activity at Missionaries of Charity and St. Vincent Home for the Aged.
- Ms. Rose Destua* will attend the **Regional Sandugo Awarding Ceremony** tomorrow (July 30, 2019), at Eon Centennial Resort Waterworld, Alta Tierra, Jaro, Iloilo City.

GRADE 8 REACH-OUT SCHEDULES

Section	Date	Recipient/ Institution
8F	July 30	Holy Infant, Brgy. Sum-ag
8G	Aug. 20	Bahay Pag-asa, Brgy. Granada

Congratulations!

CENTER FOR EDUCATIONAL MEASUREMENT (CEM)
TOP PERFORMING STUDENTS AND HIGH PERFORMING GROUPS

SY 2018-2019

SCIENCE**Grade 7**

Top Performer: BESAR, LEON ANTONIO C.

High Performing Group:
BESAR, LEON ANTONIO C. GILTENDEZ, ZYRONNE DANIEL P.
BRITANICO, LUISA CARESSE F. DIAZ, RAY SEBASTIAN L.
LEDESMA, JANNA CELESTINE L.

Grade 8

Top Performer: URSOLUM, RAPHAEL P.

High Performing Group:
URSOLUM, RAPHAEL P. DASAL, WILLOR T.
CABAYAO, XYLVINIA ANNE S. CORRAL, PAUL GABRIELLE T.
JACILDO, GERARD BYRON S. LAGMAN, MA. KATRINA ALEXANDRA H.
MONTOYA, SEAN ALEXANDER M. CHUA, ALEXA THERESE Q.
SAYSON, JULIANNA RITCHIE K. VISITACION, ATHENA MARIE C.

Grade 9

Top Performer: BONNIN, JUAN JAVIER C.

High Performing Group:
BONNIN, JUAN JAVIER C.
DE GALA, SETH DOMINIC D.

FROM IS PUBLICATIONS

(The Crossroads, Ang Layag, Green Beacon and Luntiang Tanglaw)

JOURNALISM SEMINAR-WORKSHOP:

August 2, 2019 (Friday)

2:30-4:30PM | Venue will be announced soon

Speaker: *Jose Dante Albao Jr., Executive Director of Philippine Reef and Rainforest Conservation Foundation Inc.; Sun Star Lifestyle writer*

Topics: *Feature and SciTech Writing*

Note: *Please bring writing materials, lunch and snacks (am and pm) except for July 20 (snacks and lunch will be served).*

FROM THE RDJ LIBRARY**DATES TO REMEMBER**

July 29 Last Day of Borrowing Non-Filipiniana Books

Aug 2 Last Day of Borrowing Filipiniana Books

Note: Only Bibles & Dictionaries can be borrowed on exam days

DATES TO REMEMBER

August 2 Kasuotang Filipino
(for all students, Faculty & Staff)

August 8-19 Q1 PT Completion

FACULTY AND STAFF DEVELOPMENT**EMPLOYEE ORIENTATION PROGRAM**

July 29, 2019 (Monday) | 8AM-5PM | BK Conference Room

In attendance: *Mr. Patrick Ibañez (JHS Cybernook Tech.)*
Ms. Jesilen Cena (TLE/HELE Lab Custodian)

RESPONDING TO PSYCHOLOGICAL CRISIS IN THE CLASSROOM

August 2, 2019 | 1-5PM | MM Audi B

In attendance: *Ms. Miñada Ms. Guilaran*
Ms. Quiatchon Ms. Candazo Ms. Prado
Ms. Tupas Ms. Cañete Ms. Samulde
Ms. Tambasen Ms. Sison Ms. Pallorina
Mr. Valdezco Mr. Ledesma Ms. Ticar
Ms. Caña Mr. Banaticla Dr. Singson
Ms. Pa-oyon Ms. Destua Ms. Baqueriza
Ms. Serantes Ms. Cadigal Ms. Gromea
Dr. Bejemino Jr. Ms. Guanzon Dr. M. Cañada
Ms. Sheila Tan Mr. C. Diaz Mr. Patarata
Ms. Niñonuevo Dr. Leonor Ms. Ballesteros
Ms. N. Diaz Ms. Tenio Ms. Tamargo
Ms. Lamprea Mr. Soliva Mr. Ortega

