

# INTEGRATED SCHOOL Daily Bulletin



SY 2019-2020 Wednesday, July 3, 2019 | No. 14

Attribute for the month: Commitment to Excellence

**Bible Verse for the Day:**

(The Lord) is patient with you, not wanting anyone to perish, but everyone to come to repentance. – 2 Peter 3:9

**Reflection:**

Wait and witness till Jesus returns.

**NUTRITION MONTH 2019**

Theme: **Start the Lasallian PUSH: Proper Understanding of Self and Health**



**HEALTH TRIVIA FOR THE DAY** (in Celebration of Nutrition Month 2019)

➤ **Laughing is good for the heart and can increase blood flow by 20 percent.**

## 67<sup>TH</sup> HANDUMANAN WEEK CELEBRATION

July 3, 2019 (WEDNESDAY) \*IS classes are called off after 4<sup>th</sup> period.

Teachers: Old Institutional Shirt Black and Green	Students: (LG) PE Shirt/ Maong pants /prescribed shoes (UG) House Color Shirt / Maong pants / prescribed shoes Grade 7 - Green      Grade 9 - Red Grade 8 - Yellow      Grade 10 - Blue
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**LOWER GRADES**

Time	Activity	Participants	Venue
1 <sup>st</sup> -2 <sup>nd</sup> period	Anti-Bullying Campaign	K-3	PCC
	Foundation Day Activities	4-6	Classroom
3 <sup>rd</sup> -4 <sup>th</sup> period	Anti-Bullying Campaign	4-6	PCC
	Foundation Day Activities	K-3	Classroom
2:30 PM	Service Awards	IS Faculty and Staff	Coliseum

**UPPER GRADES**

1 <sup>st</sup> – 2 <sup>nd</sup> period	Relaunch of Anti-Bullying Campaign Oath-taking of JHS Homeroom Officers	Grade 7-10	UGCC
3 <sup>rd</sup> – 4 <sup>th</sup> period	Spirit Day Get-Together	Grade 7 & Grade 10 only	UGCC
3 <sup>rd</sup> – 4 <sup>th</sup> period	Welcoming our Homeroom Saints	Grade 8 and Grade 9 only	Respective Classrooms

July 4, 2019 (THURSDAY) \*Regular Classes for K to Grade 10

Teachers: Expression Day		Students: Activity Shirt	
2 <sup>nd</sup> period	Phil. Army OCC Class 52-2019 Silent Drill Exhibition	Grade 10 classes To be supervised by Mr. Ernie Acuña & subject teachers	USLS Football Field

\*No Club period for Grade 7 & 8, Dismissal is at 3:10PM

July 5, 2019 (FRIDAY) \*No classes for K to Grade 6;  
Grade 7-10 to attend Mass until Honoring Rites Program only

Teachers: New Institutional Shirt Green and White		(UG) Students: School Uniform	
Time	Activity	Participants	Venue
8:00 AM	Mass of the Holy Spirit/ Thanksgiving Mass	Grade 7-10 students, Faculty, Staff, Admin	Coliseum
9:30 AM	Honoring Rites: Golden Jubilarian	Grade 7-10 students, Faculty and Staff	Coliseum
12:00 PM	Agape Lunch/ Faculty Club Activity	Faculty and Staff	PCC
6:00 PM	Berde Bash	Faculty and Staff	Coliseum



**THOMAS AWARDEES (IS)**

**IS FACULTY – LOWER GRADES**

Daina D. Tupas

**IS FACULTY – UPPER GRADES**

Cyril D. De la Cruz

**SERVICE AWARDEES (IS)**

**30 YEARS**

Alma P. Cabalo  
Rosemarie G. Dolor

Rosalie D. Destua  
Rosanna S. Gaspay

**25 YEARS AND MEDRANO AWARDEES**

Romy S. De la Serna  
Apollo L. Mori  
Mary Grace O. Sison  
Mary Grace Irene F. Yulo

Jinky June P. Ferrer  
Ma. Carmen M. Penado  
Sheila May B. Tan

**20 YEARS**

Sharcile C. Prado

Girлие E. Serantes

**15 YEARS**

Anna Kristina P. Tenio  
Daina D. Tupas

Nonilon D. Torpez

**10 YEARS**

Noella D. Cañete  
Gia Mae C. Guilaran  
Harmond G. Ortega

Mark C. Cuarte  
Rhazel E. Mengullo  
Jireh A. Parpa

**MERITORIOUS AWARDEES (IS)**

**IS FACULTY – LOWER GRADES**

Dolores C. De la Serna  
Vevelyn B. Gelisanga  
Igraine Lynnli G. Latumbo

Daina D. Tupas  
Charette D. Tambasen

**IS FACULTY – UPPER GRADES**

Michelle B. Ballesteros  
Andrelyn L. Cabil  
Cyril D. De la Cruz

Carlo N. Diaz  
Adelfa R. Gromea

**IS ADMINISTRATOR**

Kristin Mae P. Baqueriza  
Doris H. Dumaran

Rhazel E. Mengullo

**ANNOUNCEMENT**

There will be limited parking spaces inside GATE 1 parking area from July 1-5, 2019.

Food kiosks and exhibit booths will be set up in the parking area as part of the USLS 67<sup>th</sup> Handumanan Week celebrations.

Thank you for your understanding and cooperation.

**PERFECT ATTENDANCE AWARDEES (IS STAFF)**

Marlon C. Angay  
Jinky June P. Ferrer

Anthony S. Opao

**NUTRITION MONTH 2019 SCHEDULE OF ACTIVITIES**

July 8	<b>Launching of Nutrition Month</b> to Upper Grades
July 12	<b>Reachout Activity (Feeding Program)</b> at Antipolo Elementary School, Pontevedra
July 15-26	<b>Trivia Question Contest</b> for Grades 5 and 6
July 18	<b>Animoves</b> Grades 4, 5 & 6 during Club period (7 <sup>th</sup> period) Grades 7 and 8 during Club period (8 <sup>th</sup> period)
July 19	<b>Animoves</b> Grade 10 (during CAT period), Grade 9 students, Faculty and Staff are invited to join
July 22-31	<b>Photoshoot Contest Exhibit</b>
July 26	<b>Upper Grades Cookfest (UG)</b>
July 31	<b>Tour at the Institute for Culinary Arts (ICA)</b> (Winners of Grade 5 & 6 Trivia Question Contest)

**HEALTH SERVICES CENTER****PHYSICAL EXAMINATION SCHEDULE**

<b>July 8, 2019</b>	Kinder A & B	8:00-9:00 AM
	Kinder C	2:00-3:00 PM

**FROM THE JHS SAC**

- ✓ All Homeroom Officers are reminded to be present **TODAY** at the **Oath Taking Ceremony** this **July 3 (Wednesday) 1<sup>st</sup> and 2<sup>nd</sup> periods**. Officers are requested to sit in front of their section.

**FROM THE LOWER GRADES LVP OFFICE****FIRST CLUB MEETING**

First Club meeting on **July 4, 2019**. Kindly check your clubs through your Homeroom Advisers.

**FROM THE GUIDANCE SERVICES CENTER****LOOKING AHEAD**

<b>July 8-12</b>	Follow-up session for new students
<b>July 8</b>	Guidance Meeting
<b>July 15-26</b>	Guidance In-House Testing
<b>July 30</b>	Search for Happy Healthy Child

**DATES TO REMEMBER**

<b>July 6</b>	Spirit Night Rehearsals/Tech Run
<b>July 10</b>	Lasallian Achievers Convocation 2018-2019 2:00 PM @ Coliseum
<b>July 13</b>	Spirit Night (New Schedule)

**FROM THE OFFICE OF THE VICE PRINCIPAL FOR ACADEMICS****REMINDER:**

Faculty members who attend/conduct seminars, trainings, conferences and the like are reminded to submit their Professional Advancement Program (PAP) Form 1 / Form 2 immediately to their respective DCs. Thank you.

**FROM THE JUNIOR HIGH SCHOOL LVP OFFICE****LETTER TO PARENTS**

Letter to Parents on consent to use email have been distributed. Please submit Reply Slips on or before July 4, 2019.

**ILAF FORMATION SCHEDULE**

Faculty and staff are encouraged to view their local apps account for **ILAF Formation schedule** (by years of service). Faculty who need assistance, please see the JHS SOA.

Schedule (c/o VCMD Memo No. 36):

**MULA SA PUBLIKASYONG ANG LAYAG**

Tinatawagan ang **DATI** at **BAGONG** miyembro ng publikasyong "Ang Layag" na magkakaroon ng pagpupulong sa darating na Huwebes, Hulyo 4, 2019 sa silid-aralan ng 8E mula 4:00-5:00 ng hapon.

**FROM THE RDJ LIBRARY****LIBRARY ORIENTATION**

**July 4 (Thursday)** 6<sup>th</sup> and 7<sup>th</sup> period – 7E (Mr. Parpa)

**LIBRARY INSTRUCTION**

**How to Write a Bibliography and In-text Citations: APA Format**  
Venue: **Tech Room**

**July 4 (Thursday)** 1<sup>st</sup> period – 10E (Ms. Navarro)

**July 8 (Monday)** 1<sup>st</sup> period – 9C (Mr. Davila)  
3<sup>rd</sup> period – 9E (Mr. Davila)  
5<sup>th</sup> period – 10D (Mr. Davila)  
7<sup>th</sup> period – 9F (Mr. Davila)

**July 9 (Tuesday)** 2<sup>nd</sup> period – 9A (Ms. Gaspay)  
3<sup>rd</sup> period – 9D (Ms. Gaspay)  
5<sup>th</sup> period – 9G (Ms. Gaspay)  
6<sup>th</sup> period – 9B (Ms. Gaspay)

**FROM INSTITUTIONAL VARSITY SPORTS OFFICE****PSL ALL FILIPINO – SILAY VOLLEYBALL TOUR**

**July 4, 2019 | Natalio G. Velez Sports & Cultural Center, Silay**  
Student-athlete participants:

*Chelsea Pam S. Acma 10F                      Jada Biaxyl Celeste 9G*

*The above student-athlete participants are excused from their July 4 classes.*

**59<sup>th</sup> CHARTER DAY FOOTBALL FESTIVAL 2019****July 6-7, 2019 | San Carlos SJRI Football Field**

Student-athlete participants:

*Benedict Conrad Bandolon 7B                      Javier Maximo Cuadra 7D*  
*Vince Niño Lacson 7D                                  Jared Mendodia 7E*  
*Rafaello Vaugh Puentevella 7D*

*The above student-athlete participants are excused from their July 6 Grade 7 Spirit Night Practices.*

**PHILIPPINE CUBERS ASSOCIATION (PCA) - MOYU VISAYAS CHAMPIONSHIP 2019**

**July 5-7, 2019 | Parkmall, Mandaue City, Cebu**

Student-athlete participant: *John Gratian Magbanua 10B*

*The above student-athlete participant is excused from his July 4-5 classes.*

**MCDONALD'S KANGA CUP 2019**

**July 7-12, 2019 | Canberra, Australia**

Student-athlete participant: *John Matthew S. Eriso 7A*

*The above student-athlete participant is excused from his July 1-5 and July 8-12 classes.*

**TRYOUT SCHEDULES**

<b>GIRLS</b>	
<b>BASKETBALL</b>	<b>July 6, 2019 (Saturday)   1:00-3:00 PM</b> College Covered Court
<b>ATHLETICS</b>	<b>ELEMENTARY &amp; HIGH SCHOOL</b> July 15-16, 2019 Elementary: 4:30 PM   High School: 6:30 PM

**FACULTY DEVELOPMENT****RETURN TO VAUGIRARD (RTV) 23**

**July 1-6, 2019 | La Salle University Ozamis**

Participant: *Ms. Dinnah Rose A. Cuadra*