ONE IN LASALLIAN FAITH COMMITTED TO SERVICE AND EXCELLENCE

INTEGRATED SCHOOL **Daily**Bulletin

Attribute for the month: Commitment to Excellence

LIVING OUT THE LASALLIAN VALUES

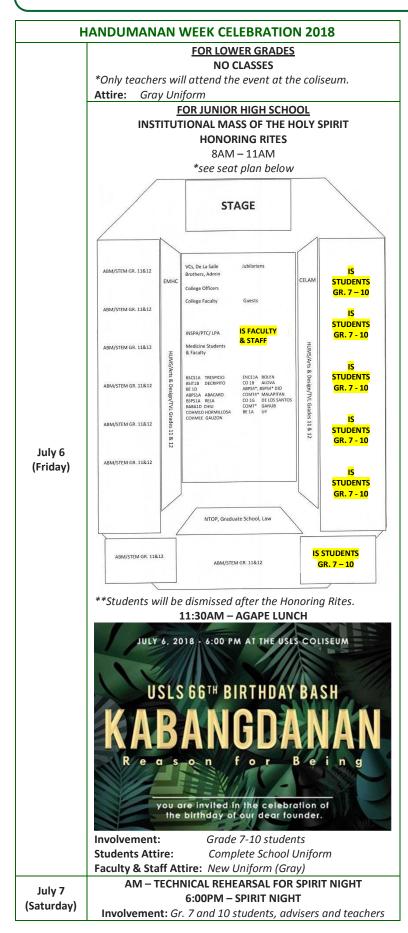
Bible Verse for the Day:

Jesus said to him, "Tend my sheep." -John 21:16

SY 2018-2019 Friday, July 6, 2018 | No. 17

Reflection:

Today, surrender all your doubts and anxieties to the Lord and have peace in your heart.





HEALTH AND NUTRITION TRIVIA (Did you know?)



LEMONS are considered one of the world's healthiest foods - one lemon contains your daily dose of vitamin C, it cleanses the liver, boosts your immunity and aids in weight loss.

HEALTH & NUTRITION MONTH 2018		
SCHEDULE OF ACTIVITIES		
July 9, 2018 (Monday)	LAUNCHING ACTIVITY (UPPER GRADES)	
July 13, 2018 (Friday)	LAUNCHING ACTIVITY (LOWER GRADES)	

FROM THE FILIPINO DEPARTMENT AND LIBRARIES **RE-ORIENTATION AND DEMONSTRATION OF THE USE OF**

WIKAHON

Sponsored by: Mind Tools Incorporated July 6, 2018 (Friday) | 2:00PM | RDJ Library

FROM THE RDJ LIBRARY

BLENDED LEARNING

July 9, 2018

- 2^{nd} 2nd period – 8D (AP - Ms. Fronda) 3rd period – 8B (AP - Mr. Valdezco)
- 4th period 8F (AP Ms. Fronda)
- 5th period 8C (AP Mr. Valdezco)

FROM THE JHS LEVEL VICE PRINCIPAL OFFICE

The following homeroom classes are reminded to submit email ad (online).

- Grade 7CDFG ≻
- Grade 8A \triangleright
- ⊳ Grade 9BCD
- \triangleright Grade 10BG

Kindly email to jhsviceprincipal@usls.edu.ph

FROM LOWER GRADES SAC LOTS (Leg 2)

July 6-7, 2018 (Friday-Saturday) | 2PM | Granada Eco-Park Teacher-Facilitators:

- Mr. Nelmark D. Sambo
- Ms. Maria Gertrude D. Hosillos
- Ms. Marv Grace O. Sison
- Ms. Igraine Lynnil G. Latumbo
- Ms. Michelle Marie M. Aspiro Ms. Rosella R. Pallorina
- Ms. Minerva A. Lautrizo
- Ms. Mary Jossie M. Tingson
- Ms. Jessa T. Villamor
- Ms. Jane P. Yanos

Friday, July 6, 2018

FROM THE HEALTH SERVICES CENTER

The Health Services Center will start the **Annual Physical Examination** for the IS students starting **July 9, 2018**.

PHYSICAL HEALTH EXAMINATION SCHEDULE			
DATE	TIME	CLASS	VENUE
July 9, 2018 (Mon)	1:30-2:30 PM	Kinder C	JHS Clinic
July 10, 2018 (Tue)	8:00-9:00 AM	Kinder A & B	
	2:30-3:30 PM	Grade 1A	
July 11, 2018 (Wed)	8:00-9:00 AM	Grade 1B	Main
	1:30-2:30 PM	Grade 1C	Clinic
July 12, 2018 (Thu)	8:00-9:00 AM	Grade 1D	

CISV 2018

June 30 – July 27, 2018 | Camp Allen, Sta. Cruz, Laguna

Delegates: Fernando Jose D. Gutierrez 6A Vitorio Angelo C. Dimacali 6C Roberto Sergio Ramiro S. Tan 6B

FROM THE CENTER FOR VARSITY SPORTS

 GRADE 4-6 BOYS & GIRLS who are willing to join the CHESS TEAM will have a *meeting with Coach Angie* on July 10, 2018 (Tuesday) at the Lower Grades Canteen.

Locker reservation to USLS IS Varsity Athletes is now available.

The locker is on a **FIRST COME, FIRST SERVE** basis. For reservation, please look for Coach Jimmy Dequilla at USLS-IVSO Dug-out Office.

VARSITY TRYOUTS	
VOLLEYBALL	HIGH SCHOOL BOYS July 2-6, 2018, 5:30-7PM @ College Covered Court
SWIMMING	HIGH SCHOOL & ELEMENTARY July 7, 2018 (Sat), 7:30AM @ USLS Swimming Pool

FROM THE IS CELAM

CONFESSIONS / RECOLLECTIONS / HOLY MASS		
July 7, 2018 (Sat)	CPM WORKSHOP	
	8F - SPONSORED MASS	
	5:30PM @ Main Chapel	
July 9, 2018 (Mon)	7D - HOLY MASS	
	1:20PM @ Junior High School Chapel	
	8A RECOLLECTION	
July 10, 2018 (Tue)	6E (1 st Group) - CONFESSION	
	1:20PM @ Junior High School Chapel	
July 11 2019 (Wod)	6A - HOLY MASS	
July 11, 2018 (Wed)	1:20PM @ Junior High School Chapel	
	8B RECOLLECTION	
	4D (1 st Group) - CONFESSION	
July 12, 2018 (Thu)	1:20PM @ Junior High School Chapel	
	7G - NOVENA MASS	
	(in honor of Our Lady of Mt. Carmel)	
	5:30PM @ Carmelite	
	Assembly Time/Area: 4:30PM @ Gate 5	
July 13, 2018 (Fri)	HOLY MASS	
	1:20PM @ Junior High School Chapel	
July 14, 2018 (Sat)	SPONSORED MASS	
	5:30PM @ Main Chapel	

FROM THE GUIDANCE SERVICES CENTER

GUIDANCE IN-HOUSE TESTING SCHEDULE		
DATE	PERIOD	CLASS
	1 st Period	3D, 7F, 8A
	2 nd Period	2D, 5A, 9B
hub. 11 2010 (Mad)	3 rd Period	3E, 7G, 8B, 10B
July 11, 2018 (Wed)	4 th Period	2C, 3A, 5B
	6 th Period	2E
	7 th Period	5C
	1 st Period	4E, 7D, 8F, 9A
	2 nd Period	3C, 6A
1.1.1. 12 2010 (Thu)	3 rd Period	2A, 3B, 7C, 8C, 9D
July 12, 2018 (Thu)	4 th Period	2B, 6B
	5 th Period	4D
	6 th Period	6C
	1 st Period	5D, 10G
	2 nd Period	4A, 7A
July 13 (Fri)	3 rd Period	5E, 9C
July 15 (FII)	4 th Period	4B, 6E, 7B
	5 th Period	4C
	6 th Period	6D
	4 th Period	7E
July 16, 2018 (Mon)	2 nd Period	10D
	3 rd Period	8D, 10E
	1 st Period	10A
July 17, 2018 (Tue)	3 rd Period	8G
	4 th Period	9E
July 18, 2018 (Wed)	1 st Period	8E, 9F
	4 th Period	10F
July 19, 2018 (Thu)	2 nd Period	10C

FROM THE IS FACULTY AND STAFF ASSOCIATION

Everyone is invited to support our FACULTY AND STAFF BIRTHDAY BASH DANCERS at 6:00PM TODAY at the Coliseum.

NEW OFFICERS FOR SY 2018-2019

President	Mr. Jonathan D. Davila
Vice President	Mr. Romy S. Dela Serna
Secretary	Ms. Cherry Ann D. Solas
Treasurer	Mrs. Angeli B. Salvador
Asst. Treasurer	Mr. Benjamin G. Positos
Auditor	Mrs. Alma P. Cabalo
P.I.O.	Ms. Ma. Theresa C. Tumbagahan
RROC	Mr. Nonilon D. Torpez

DATES TO REMEMBER

August 8-10	1 st Quarter Exams
August 13-17	1 st Quarter PT Completion
August 20	Buwan ng Wika Celebration
September 3-4	3 rd BED PAASCU Visit

