

# INTEGRATED SCHOOL Daily Bulletin



SY 2020-2021 | Wednesday, September 16, 2020 | No. 15

Attribute for the month: *Caring for the Earth*

**Bible Verse for the Day:** Each of you should give what you have decided in your heart to give. — *2 Corinthians 9:7*

**Reflection:** How would you describe your giving: Cheerful? Reluctant? Under compulsion? Not comparing yourself to anyone else, what might cheerful giving look like?

source: <https://odb.org/2020/09/16/give-it-all-youve-got>



*Mr. Angelo Jocson*

Substitute teacher of Ms. Michelle Aspiro (Filipino 4)

## FROM THE JUNIOR HIGH SCHOOL LVP OFFICE

### SCHEDULED HOMEROOM VISIT

September 16	8E (LVP)
September 17	8D (LVP) 8C (DFO)
September 18	8B (LVP) 8A (DFO)

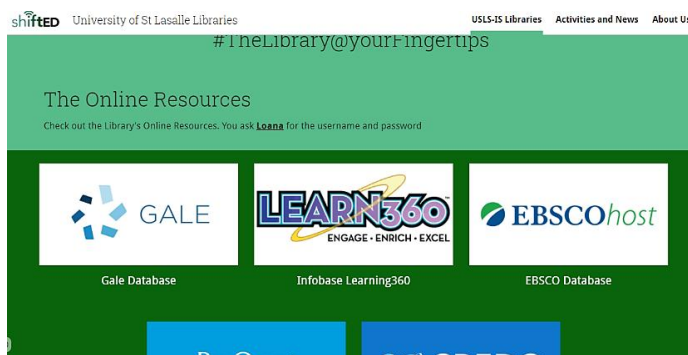
## DATES TO REMEMBER

Sept 28 - Oct 2	Week 6 - Quarter 1 Catch up Week
October 5	World Teachers' Day
October 6-9	Week 7 – Quarter 1-QUARTERLY SUMMATIVE ASSESSMENTS
October 12-16	Week 8 – Quarter 1 – Quarterly PERFORMANCE TASKS WEEK

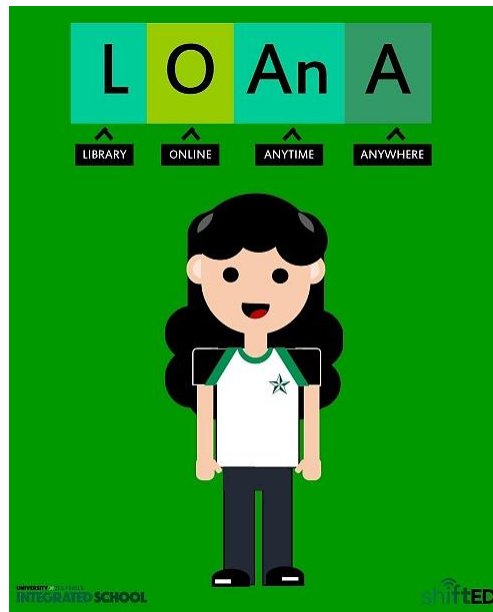
## FROM THE INTEGRATED SCHOOL LIBRARIES

You may now access the **USLS-IS Libraries** @<https://sites.google.com/dlszobel.edu.ph/university-of-st-lasalle/usls-is-libraries?>

This is also visible in every course navigation on CANVAS LMS under IS Library Resources.



For assistance, please message **LOANA**, our Virtual Librarian. #TheLibrary@yourFingertips



## BED Guidance Services Center INFO GUIDE

With all the uncertainties transpiring around us, let us all remember to prioritize our Mental Health. Take a break and ask yourself these questions throughout the day and stay more attuned to your Mental Health!

**Here is a 5-minute mental health checklist!**

- Have I eaten proper meals?
- Am I getting enough and proper sleep?
- Have I moved my body today?
- Have I spent time outside in fresh air?
- Have I connected with someone important to me?
- Have I been thinking kind thoughts to myself?

Source: <https://www.picuki.com/tag/wellbeinghq>

“You are responsible for your mental, physical and spiritual health, so think of what self-care looks like to you depending on your preferences and needs and take some time to love yourself, especially when you’re feeling overwhelmed”.

– @thebraincoach

## AMSLI'S MATHEMATICS ENRICHMENT PROGRAM (AMEP)

**Batch 2 for SY 2020-2021**

10 Saturday sessions, 9am to 12nn

- Please register in your grade level for SY 2020-2021.
- If you already completed AMEP Batch 1 held last June 22- July 30, you may register in the next higher grade level.
- Sessions: Sept 19, 26; Oct 3, 10, 17, 31; Nov 8, 14, 21
- Time: 9am to 12nn
- Mode of Training: Online
- Training Fee: P3,500

**USLS EMPLOYEES SHUTTLE SERVICE**



**EAST USLS ROUTE**  
**BUS LEAVES USLS : 7:00 AM**

To: CL Montelibano up to **Bangga Scala** turn-right to **Burgos Extension** turn-right to **Bangga Patyo** to **USLS**

**NORTH USLS ROUTE**  
**BUS LEAVES USLS : 7:00 AM**

To: **Boundary Between Talisay & Bacolod**  
 From: **Boundary Straight Along Lacson Street**

**BUS LEAVES TO USLS: 7:30 AM**

Pick-up Points:  
 From: **Bangga Pepsi & Robinsons Place**  
 To: **University of St. La Salle**

**SOUTH USLS ROUTE**  
**BUS LEAVES USLS : 6:30 AM**

To: **Boundary Between Bago & Bacolod**  
 via **USLS -North Drive** to **Lacson street - Taloc**

From: **Boundary Sum-ag Highway, Pahanocoy, Tangub** to **Bangga Goodyear Alijis-Mansilingan** turn-left to **Hernaes street** straight to **BPI Libertad** (Pick up Passengers along **Vista Alegre, Bangga Cory, City Heights**) Turn to **Lopez Jaena** back to **USLS**.



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**FROM THE VICE CHANCELLOR FOR ADMINISTRATION**

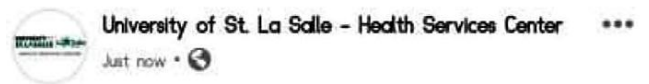
**UNIFORM DAYOFF FOR ADMINISTRATIVE AND OFFICE STAFF**

IN CONSIDERATION OF THE RESTRICTIONS IMPOSED BY THE BACOLOD MECQ STATUS AS WELL AS THE INCREASE OF COVID-19 CASES IN THE CITY, THE 4-DAY WORK WEEK SHALL CONTINUE TO BE OBSERVED IN SEPTEMBER WITH A UNIFORM DAYOFF FOR ADMINISTRATIVE AND OFFICE STAFF EVERY FRIDAY STARTING SEPTEMBER 18, 2020 UNTIL FURTHER NOTICE.

THE USLS CAMPUS SHALL REMAIN OPEN ON FRIDAYS FOR FACULTY WHO MAY WISH TO USE THE CAMPUS BANDWIDTH IN THEIR CONTINUED DELIVERY OF ONLINE CLASSES AS ARRANGED WITH THEIR RESPECTIVE UNIT HEADS

PRAYING FOR THE CONTINUED SAFETY OF EVERYONE.

**HEALTH SERVICES CENTER FACEBOOK PAGE**



Welcome to the USLS-Health Services Center FB Page.

The Covid-19 pandemic has changed our lives in more ways than one. As of now, we are strictly implementing a "No Face-to-Face" consult for the safety of the Lasallian community. However, you may contact us through this page, or through our email: [clinic@usls.edu.ph](mailto:clinic@usls.edu.ph), for your concerns and queries. You may also book an appointment with our doctors and dentists for an online consult as well. We hope to continue serving you despite the challenges during this time. Stay safe!

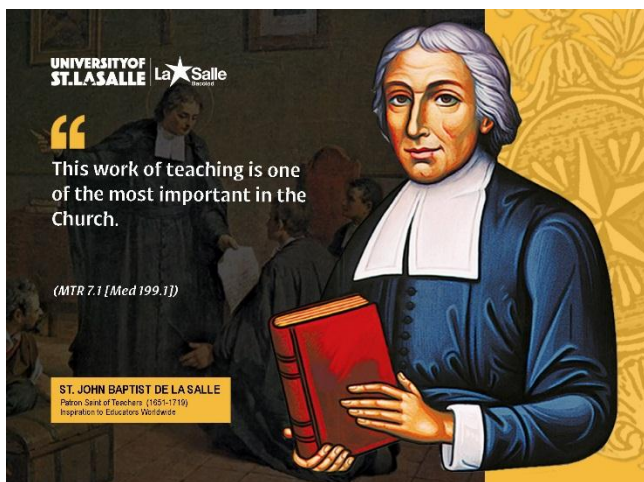


**FROM MUSEO DE LA SALLE BACOLOD**

**MEMORIES FROM THE LASALLIANA ARCHIVES**

We were once asked, how many Philippine Presidents have visited the University of St. La Salle. 2? 3? Please help us keep track by sharing soft files of your photos & mementos of those Presidential Visits.

Meanwhile, we would like to share some photos of President Cory Aquino's visits to USLS in 1986 and 1988. It is interesting to note that she had a meeting with multi-sectoral groups inside a classroom. This could have been a classroom in what is now Br. Miguel / Choa Co Siu Hoo Building as it was beside the Montelibano Chapel where she received the FIDES Award.



*How many Philippine Presidents have visited USLS?*

*In 1986, President Cory Aquino came to receive the FIDES Award and to meet with multi-sectoral groups. She came back in 1988 during the Inauguration of the St. La Salle Coliseum.*