

INTEGRATED SCHOOL Daily Bulletin



SY 2019-2020 Monday, September 23, 2019 | No. 66

Attribute for the month: *Caring for the Earth*

Bible Verse for the Day:

The Sovereign Lord has given me a well-instructed tongue, to know the word that sustains the weary. - Isaiah 50:4

Reflection:

Kind words can lift a heavy heart.

MATH AND SCIENCE MONTH THEME  LASALLIANS: TURNING TABLES AGAINST CLIMATE CRISIS

FROM THE JHS LEVEL VICE PRINCIPAL

PPA SCHEDULE:

- September 24, 2019 - 10A at Nazareth Activity Hub, Mansilingan
- September 25, 2019- 7F and 9B On Campus

FROM THE GUIDANCE SERVICES CENTER

STUDENT TEST INTERPRETATION/ CAREER PROCESSING SCHEDULE

Lower Grades

DATE	TIME/ PERIOD	GRADE LEVEL/ CONDUCTED BY
September 23 (Monday)	2 nd Period	4C- Ms. Ms. Tenio
	3 rd Period	3B- Ms. F.Lamprea
	6 th period	2A- Ms. J.Tamargo 3E- Ms. F.Lamprea
September 24 (Tuesday)	1 st Period	4D- Ms. Ms. Tenio
	2 nd Period	3D- Ms. F.Lamprea 6C- Sir S. Labrador
	3 rd Period	2B- Ms. J.Tamargo 4E- Ms. Ms. Tenio
	4 th Period	6B- Sir S. Labrador
	6 th Period	3A- Ms. F.Lamprea
September 25 (Wednesday)	2 nd Period	4A- Ms. F.Lamprea 6E- Sir S. Labrador
	4 th Period	6A- Sir S. Labrador
	7 th Period	2C- Ms. J.Tamargo
September 26 (Thursday)	2 nd Period	2E- Ms. J.Tamargo 3C- Ms. F.Lamprea
	4 th Period	2D- Ms. J.Tamargo 4B- Ms. F.Lamprea

Upper Grades

DATE	TIME/ PERIOD	GRADE LEVEL/ CONDUCTED BY
September 23 Monday	3 rd Period	8C- Ms. N.Diaz
	6 th Period	8F- Ms. N.Diaz
September 24 (Tuesday)	1 st Period	10F- Ms. R.Dolor
	2 nd Period	8B- Ms. N.Diaz

FROM MATH & SCIENCE DEPARTMENTS

Math and Science Carnival on September 26, 2019 (2nd-7th periods).
Only Math and Science classes will be involved.

FROM THE MATH DEPARTMENT

Please be advised that **AMSLI training** will start on **September 28, 2019** at the JHS Building. Please visit the AMSLI-Bacolod FB page for more updates.

FROM RDJ LIBRARY

Library Research

2nd period-8c science Sir Vicente
6th period – 8B(Science) – Sir Vicente

FROM THE SCIENCE DEPARTMENT

- HUMAN ANATOMY EXPOSURE TRIP TO MEDICAL LABORATORIES** (Physical Therapy Lab, Medical Technology Lab, Radiologic Tech Lab & Nursing Lab) on the ff. dates:
HA-1 : Sept. 24 (3:00-4:00PM)
HA-2 : Oct. 1 (3:00-4:00PM)
- CONGRATULATIONS** to the participants of the **Bacterial Culture Training** last Saturday, **September 21, 2019.**

INSTITUTIONAL CLIMATE CHANGE FORUM

USLS Coliseum | September 24, 2019 | 8:00-10:00AM

Participants:

- Lower Grades Executive Board**
(Gatuslao, Desengañó, Villa, Rubica, Ferrer)
- JHS Executive Board and Level Governors**
(Verzosa, Cuesta, Judith, Magallanes, Samson, Deldig, Besar, Gelvoleo, Salgado)
- Kabulig-YCER Officers**
- YCER Jr. Officers** (Severino-7A, Buala-7A, Funda-8F)
- USLS Climate Task Force-IS Representatives**
Ms. Agnes Gucaban
Ms. Kristin Baqueriza

*Students are excused from their 1st-3rd period classes.

KABULIG-YCER

To the old members and to those who are still interested to be a part of kabulig-YCER, there will be an important meeting today after dismissal at the Physics Laboratory. **Attendance is a must.**

FROM THE IS CELAM

ON RELIC VISIT OF OUR FOUNDER ST. JOHN BAPTIST DE LA SALLE

- The ff. Explorers’ Scouts are excused from their 4th period subject (10:30-11:40) to assist in the relic procession to the Main Chapel.
 - Jason Mendez 9C
 - Miguel Malapitan 9D
 - Andrew Henares 9C
 - Kyle Balbin 9F
 - Quin Mapa 8B
 Sir Jireh Parpa will accompany the boys.
- Sir Ernie will conduct Gr. 10D class to the Main Chapel at 10:30AM for the Welcome Rites.
- Welcome Mass at the Coliseum at 1:30PM, today. Grade 7ABCDEFG and 10E Homeroom advisers will conduct the students to the said venue at 12:40. The subject teachers will take charge of their respective classes during the Mass.

FROM DISCIPLINE AND FORMATION OFFICE

- All Upper Grades students are expected to vacate the classroom by 5pm and clear the 2nd and 3rd floor area of the building on or before 5:30 in the afternoon. Use of classrooms and other facilities should be arranged at the Upper Grades Office.
- Observe proper Lasallian Decorum at all times.

FROM THE VP ACADEMICS

GOODLUCK TO OUR PARTICIPANTS!

DIWA PASIKLABAN SA PAARALAN (2019-2020)

Regional Category

Lower Grades: *Dean Terrence Garde 6A*Coach: *Igraine Lynn Latumbo*Upper Grades: *Mae Dominique Ysabelle H. Laporno 10A*Coach: *Michelle B. Ballesteros***FROM THE HEALTH SERVICES CENTER****PHYSICAL EXAMINATION SCHEDULE**

Sept 24(Tue)	Sept 25(Wed)
8:00-9:00AM - 10C	8:00-9:00AM-10E
1:30:2:30PM-10D	1:30:2:30PM-10F
Sept 26(Thurs)	Sept30(Monday)
8:00-9:00AM-10A	2:00-3:00PM- 7B
1:30:2:30PM-7A	

FROM THE FACULTY & STAFF ASSOCIATION

This coming **Saturday, September 28, 2019**, the INSPA will hold its annual bloodletting "**Green Bleeds Red.**" In-line with this, we are encouraging everyone to take part in this endeavor. We are looking for some volunteers (teachers/staff) in the registration/ways and means/food committee. If interested, please enlist with the ff. officers:

Staff: *Ms. Jo-Ann Davila***Faculty:** *Sir Paul Valdezco***FROM THE CLE DEPARTMENT****VISIT FOR THE RELIC OF ST. JOHN BAPTIST DE LA SALLE****September 26, 2019 (THURSDAY) | MAIN CHAPEL**

PERIODS/TIME	GR. & SEC / CLE TEACHER
2nd Period - 8:40-9:30AM	7E- Ms. Jo, 9F-Dr. Andre, 3E-Ms. Noebel, 8F-Ms. Anna
3rd Period - 10:00-10:50AM	8C-Ms. Anna, 7A-Ms.Imelda(Eng)
4th Period -10:50-11:40AM	9A-Dr. Andre, 4C-Sir Kent, 8A-Ms. Anna
5th Period -12:30-1:20PM	10B-Br. Irwin, 4A-Ms. Jessa, 5A-Sir Kent

DATES TO REMEMBER

September 23	Arrival of the Relic of St. John Baptist De La Salle. The following class/group of students are requested to participate: All Grade 7 students Drumbeaters, Acolytes, Choir, Explorers and CAT Officers
September 27	Grade 10D and 10E, Grade 4A and 4B Blended Learning and Its Modalities at RDJ Library @2:30-4:30PM (in lieu of regular departmental meetings) In attendance: All Faculty
September 28	LMS Training Tech RM@8:30-11:30AM In attendance: T1-T3 Teachers Interested Faculty

Blood Donation Activity

Where: La Salle Bacolod – Integrated School
When: Saturday, September 28, 2019
8AM - 4PM

Preparations:

- No alcohol intake for 24hrs before donating
- Enough sleep (6-8hrs)
- Eat light meal 2-3hrs before
- Drink plenty of water
- Wear comfortable clothes

Who can donate blood?

- Sex: both men and women (even with MENSTRUATION) are accepted as donors
- Age: 16-65 years old. (parental consent is required for under 18)
- Weight: at least 50kgs
- Vital Signs must be normal

DOH ADVISORY

YOUR HEALTH DURING HAZE

Haze due to forest fire can cause air pollution, which can bring about increased risks for respiratory tract infections and cardiac ailments.

WAYS TO COPE WITH HAZE
The elderly, children, and those with respiratory (asthma COPD) and cardiovascular diseases should do the following:

- Stay indoors with good ventilation.
- Wear appropriate dust masks when going outside the house.
- Refrain from physical activities in heavily polluted areas.
- Exercise extreme caution when on the road to prevent accidents.
- Use headlights/fog lights.
- Follow the required minimum speed level and extreme caution in low visibility driving.
- Ensure that vehicle is in good running condition.
- Stay away from low-lying areas where smoke and suspended particles may settle.
- Tune in to the radio or television for more health advisories.

Consult a Doctor if there is:

- Difficulty in breathing
- Cough
- Chest pain
- Increased tearing of the eyes
- Nose or throat irritation

Congratulations!

ALEXA THERESE Q. CHUA - 9A
3RD PLACE
85th National Book Week 2019
ESSAY WRITING-FILIPINO CONTEST