

BACHELOR OF ARTS Interdisciplinary Studies

Program Description

The Department of Interdisciplinary Studies aims to develop protean graduates capable of viewing and addressing world realities from an interdisciplinary perspective.

The Department offers a four-year Bachelor of Arts in Interdisciplinary Studies (AB-IDS) program that provides students opportunities to define and design careertrack that suits their individual learning and career goals. The core curriculum offers theoretical and practical tools to integrate knowledge, drawn from 2 disciplines like Psychology and Education, Public Management and Communication, Information Technology and Business Management, or any combination of two disciplines within or across Colleges.

Given the variety of programs in the AB-IDS curriculum, graduates have diverse career opportunities whether in media, human resources management, public relations and corporate communications, information technology, sales and marketing, entrepreneurship, government services, to name a few.

Program Educational Objectives:

Within three to five years after obtaining a bachelor's degree in Interdisciplinary Studies graduates are expected to:

Program Outcomes

By the time of graduation, the students of the program shall have develop the ability to:

1. Applied multi-disciplinary approaches in analyzing and solving problems in their respective fields of interests.
2. Developed confidence is articulating their thoughts and ideas in the proper medium
3. Used relevant information effectively and efficiently.
4. Implemented development plans that are responsive to contemporary issues.
5. Responsibly assessed development plans anclosed on Christian Gospel values.
6. Involved multi-sectoral stakeholders in their chosen field of endeavors

Admission Requirements

A student seeking admission to the program must comply with the following:

1. accomplished Program application form;
2. all copies of grades-high school grades and admission test scores (if entering freshman); latest evaluation printout (if a shiftee); transcript of records and admission test scores (if a transferee); or transcript of records and latest evaluation printout (if shiftee and a former transferee);
3. endorsement/recommendation from previous school/program officer;
4. any other additional requirement/document that may be set by the Department Chair, on a case-to-case basis; and
5. interview with the Department Chair.

Retention Policies

A student is retained in the program if he/she:

1. maintains a satisfactory cumulative GPA in all subjects taken for the duration of the programs;
2. does not exceed six (6) units of withdrawn subjects during the preceding term;
3. maintains a GPA of 80 in all major subjects and career track electives taken for the duration of the program;
4. earns grades of at least 80 for subjects applied for credit as a free elective; and
5. fulfills all requirements set in the signed probationary status form, if applicable.

BACHELOR OF ARTS Interdisciplinary Studies

FIRST YEAR

First Semester		Lec Units	# of hrs/wk	Lab Units	# of hrs/wk	Total Credit Units	Total Assessed Units
PCOM	Purposive Communication	3	3	0		3	3
USELF	Understanding the Self	3	3	0		3	3
PED1	Physical Education 1 (Wellness and Fitness)	2	2	0		2	2
IRS1	Lasallian Spirituality	3	3	0		3	3
ARTAP	Art Appreciation	3	3	0		3	3
ETHICS	Ethics	3	3	0		3	3
NSTP1	National Service Training Program1	3	3	0		3	3
Total		20	20	0	0	20	20

Second Semester		Lec Units	# of hrs/wk	Lab Units	# of hrs/wk	Total Credit Units	Total Assessed Units
RIZAL	Life and Works of Rizal	3	3	0		3	3
MATHMW	Mathematics in the Modern World	3	3	0		3	3
PED2	Physical Education 2 (Team Sports and Rhythmic Activities)	2	2	0		2	2
IRS2	Lasallian Formation on Christian Morality	3	3	0		3	3
RHIST	Readings in Philippine History	3	3	0		3	3
IGG	Group Guidance	1.5	1.5	0		1.5	1.5
NSTP2	National Service Training Program 2	3	3	0		3	3
Total		18.5	18.5	0	0	18.5	18.5

SECOND YEAR

First Semester		Lec Units	# of hrs/wk	Lab Units	# of hrs/wk	Total Credit Units	Total Assessed Units
LOGIC	Logic	3	3	0	0	3	3
PED3	Physical Education 3 (Wellness and Recreation)	2	2	0	0	2	2
CWORLD	The Contemporary World	3	3	0	0	3	3
PSPEAK	Public Speaking	3	3	0	0	3	3
IDST101	Introduction to Interdisciplinary Studies	3	3	0	0	3	3
IDST102	Introduction to Philosophical Perspectives	3	3	0	0	3	3
IDST103	Socio-Anthropology	3	3	0	0	3	3
IDST104	Advance Personality development	3	3	0	0	3	3
IRS3	Spirituality in the Workplace	3	3	0	0	3	3
Total		26	26	0	0	26	26

Second Semester		Lec Units	# of hrs/wk	Lab Units	# of hrs/wk	Total Credit Units	Total Assessed Units
STS	Science, Technoogy and Society	3	3	0	0	3	3
PED4	Physical Education 4 (Individual and Dual Sports)	2	2	0	0	2	2
GBOOKS	Great Books	3	3	0	0	3	3
IDST105	Social Psychology	3	3	0	0	3	3
IDST106	Gender and Sexuality Studies	3	3	0	0	3	3
IDST107	Accounting for Non Accountants	3	3	0	0	3	3
IDST108	Entrepreneurial Management	3	3	0	0	3	3
IDST109	Graphic Design	1.5	1.5	1.5	1.5	3	3
DAFIL	Dalumat ng Filipino	3	3	0	0	3	3
Total		24.5	24.5	1.5	1.5	26	26

THIRD YEAR
First Semester

		Lec	# of	Lab	# of	Total	Total
		Units	hrs/wk	Units	hrs/wk	Credit	Assessed
						Units	Units
IDST110	Introduction to Web Authoring	1.5	1.5	1.5	1.5	3	3
IDST111	Economic Development	3	3	0	0	3	3
IDST112	Leadership Behavior and Organizational Development	3	3	0	0	3	3
IDST113	Public Relations	3	3	0	0	3	3
IDST114	Dynamics of Popular Culture	3	3	0	0	3	3
CT101	Career Track 101	3	3	0	0	3	3
CT102	Career Track 102	3	3	0	0	3	3
CT103	Career Track 103	3	3	0	0	3	3
ENSCI	Environmental Science	3	3	0	0	3	3
	Total	25.5		1.5		27	27

Second Semester

		Lec	# of	Lab	# of	Total	Total
		Units	hrs/wk	Units	hrs/wk	Credit	Assessed
						Units	Units
IDST115	Office Management	3	3	0		3	3
IDST116	Future Studies	3	3	0		3	3
IDST117	Corporate Social Responsibility	3	3	0		3	3
IDST118	Human Resource Management	3	3	0		3	3
IDST119	Social Research 1	3	3	0		3	3
CT104	Career Track 104	3	3	0		3	3
CT105	Career Track 105	3	3	0		3	3
CT106	Career Track 106	3	3	0		3	3
PICO	Philippine Indigenous Communities	3	3	0	0	3	3
	Total	27	27	0	0	27	27

FOURTH YEAR
First Semester

		Lec	# of	Lab	# of	Total	Total
		Units	hrs/wk	Units	hrs/wk	Credit	Assessed
						Units	Units
IDST120	Development Studies	3	3	0		3	3
IDST121	Social Research 2	3	3	0		3	3
IDST122	Creative Conflict Transformation	3	3	0		3	3
CT201	Career Track 201	3	3	0		3	3
CT202	Career Track 202	3	3	0		3	3
CT203	Career Track 203	3	3	0		3	3
CT204	Career Track 204	3	3	0		3	3
	Total	21	21	0		21	21

Second Semester

		Lec	# of	Lab	# of	Total	Total
		Units	hrs/wk	Units	hrs/wk	Credit	Assessed
						Units	Units
FL	Foreign Language	3	3	0		3	3
IDST123	Events Management	3	3	0		3	3
IDST124	Interdisciplinary Studies Internship	3	3	0		3	3
CT205	Career Track 205	3	3	0		3	3
CT206	Career Track 206	3	3	0		3	3
	Total	15	15	0	0	15	15

FL*

FL201	FOREIGN LANGUAGE (SPANISH)
FL202	FOREIGN LANGUAGE (FRENCH)
FL203	FOREIGN LANGUAGE (CHINESE/MANDARIN)
FL204	FOREIGN LANGUAGE (KOREAN)
FL205	FOREIGN LANGUAGE (JAPANESE)

SUMMARY OF REQUIRED COURSES BA Interdisciplinary Studies

	No. of Courses Required	Unit Equivalent	Total Units
General Education Courses			
Languages			
Purposive Communication	1	3	
Dalumat ng Filipino	1	3	
Great Books	1	3	9
Mathematics			
Mathematics in the Modern World	1	3	
Social Sciences			
Understanding the self	1	3	
Art Appreciation	1	3	
Philippine Indigenous Communities	1	3	9
Mandated Courses			
Physical Education	4	8	
Institutional Religious Studies	3	9	
National Service Training Program	2	6	
Institutional Group Guidance	1	1.5	
The Contemporary World	1	3	
Ethics	1	3	
Science, Technology and Society	1	3	
Logic	1	3	
Rizal	1	3	
Readings in Philippine History	1	3	
Living In the IT Era	1	3	
Environmental Science	1	3	
Public Speaking	1	3	51.5
Major Courses			
IDST101 Introduction to Interdisciplinary Studies	1	3	
IDST102 Introduction to Philosophical Perspectives	1	3	
IDST103 Socio-Anthropology	1	3	
IDST104 Advanced Personality Development	1	3	
IDST105 Social Psychology	1	3	
IDST106 Gender and Sexuality Studies	1	3	
IDST107 Accounting for Non-Accountants	1	3	
IDST108 Entrepreneurial Management	1	3	
IDST109 Graphic Design	1	3	
IDST110 Introduction to Web Auditing	1	3	
IDST111 Economic Development	1	3	
IDST112 Leadership Behavior and Organizational Dev.	1	3	
IDST113 Public Relations	1	3	
IDST11 Dynamics of Popular Culture	1	3	
IDST115 Office Management	1	3	
IDST116 Future Studies	1	3	
IDST117 Corporate Social Responsibility	1	3	
IDST118 Human Resource Management	1	3	
IDST119 Social Research 1	1	3	
IDST120 Developmental Studies	1	3	
IDST121 Social Research 2	1	3	
IDST122 Creative Conflict Transformation	1	3	
IDST123 Events Management	1	3	
IDST124 Interdisciplinary Studies Internship	1	3	72

Interdisciplinary Career Tracks

Discipline 1 - CT101	Career Track 101	1	3	
	CT102	1	3	
	CT103	1	3	
	CT104	1	3	
	CT105	1	3	
	CT106	1	3	18

Discipline 2 - CT201	Career Track 201	1	3	
	CT202	1	3	
	CT203	1	3	
	CT204	1	3	
	CT205	1	3	
	CT206	1	3	18

Foreign Electives

Free Elective (Foreign Languages)		1	3	3
	Total			183.5

FL*

FL201	FOREIGN LANGUAGE(SPANISH)
FL202	FOREIGN LANGUAGE(FRENCH)
FL203	FOREIGN LANGUAGE(CHINES/MANDARIN)
FL204	FOREIGN LANGUAGE(KOREAN)
FL205	FOREIGN LANGUAGE(JAPANESE)

MAJOR COURSE DESCRIPTION

BA Interdisciplinary Studies

IDST101 **3 units**
INTRODUCTION TO INTERDISCIPLINARY STUDIES

This is a basic course designed to develop understanding and appreciation of the essential elements and value of interdisciplinary studies. The course offers a definition of interdisciplinary studies that helps students articulate the nature, value and characteristics of interdisciplinary studies to other people.

Students are expected to identify and explain the "drivers" of interdisciplinary learning; understand the educational and career opportunities in the Interdisciplinary Studies; and develop an educational plan that will help them the most out of their Lasallian experience and work toward their desired career outcomes.

IDST102 **3 units**
INTRODUCTION TO PHILOSOPHICAL PERSPECTIVES

This subject deals about the different philosophical viewpoints in understanding reality. Reality, though it is one, carries multi-faceted aspects which human reason has to reckon with. As students stride in the geist of postmodernism, life confronts them in its unfolding complexities. In this course, students will evaluate the varying contrasting standpoints that will help them assess its veracity and value in relation to the authenticity of their human existence.

At the end of the course, the students should be able to discuss the different philosophical perspectives and how these affect their realities and existence. They should also be able to appreciate the value of philosophy in interdisciplinary studies. Students are to prepare and present a research paper integrating the different philosophical perspectives.

IDST103 **3 units**
SOCIO-ANTHROPOLOGY

This course is a broad discipline integrating sociology, psychology, and archeology subjects in understanding social diversity and cultural ideas. It delves into human history from its origins to the present. This uses practical methods in investigating sociological and anthropological problems affecting human life in a society and the world in general.

Students are to develop the ability to see how individual lives are connected with wider socio-cultural processes; to discuss human diversity and how knowledge about human diversity should lead to a better understanding of and therefore respect for people whose culture differs from one another. Socio-Anthropological knowledge should also be communicated effectively through written and oral presentations.

IDST104 **3 units**
ADVANCED PERSONALITY DEVELOPMENT

This course covers theories of personality as well as principles of self-development and self-management necessary in understanding the nature of one's personality. It includes personality enhancement techniques such as personal grooming, social etiquette and power dressing leading them towards positive well-being and healthy lifestyle through body-mind fitness, and practice of effective communication and social graces.

Students are able to manifest a high sense of maturity, responsibility and confidence in their personal-social engagement while keeping a positive well-being and healthy lifestyle.

IDST105 **3 units**
SOCIAL PSYCHOLOGY

Introduction to basic concepts and theories about social psychology. The framework of discussion will be the person and how he relates with other people in society such that it includes topics on social thinking, social influence and social relations especially in the national (Philippine) context.

Provide students an opportunity to acquire adequate knowledge and competitive skills in investigating and responding to basic social-community issues in the society where he is living.

IDST 106 **3 units**
GENDER AND SEXUALITY STUDIES

The course deals with issues relating to gender and sexuality to enable students understand the concepts and theories on gender and sexuality in relation to their reproductive health as well as their psycho-sexual development, acquire adequate knowledge and competitive skills in providing supportive responses relevant to gender and sexuality issues and analyze the effects of existing socio-cultural norms and dynamics on sexual relationships, and assess the influence of unequal gender relations on risky sexual behavior.

The students will be able to appreciate and apply the concepts and theoretical framework of gender and sexuality studies in initiating, supporting, implementing and/or evaluating gender sensitive and responsive support services relative to their personal-social and community development needs.

IDST107 **3 units**
ACCOUNTING FOR NON-ACCOUNTANTS

Focus on basic accounting principles applied in a sole proprietorship engaged in a service concern entity. This three-unit course is likewise a venue for students to practice their creativity, as they will be engaged in the design of common source documents and use these to come up with simple financial reports. The students will be able to

demonstrate understanding of basic accounting concepts by journalizing the transactions, posting them to their respective ledgers and preparing the trial balance.

The students are likewise expected to prepare simple financial statements that include statement of financial position, statement of financial performance and statement of changes in owner's equity. To simulate all their learning, the students will be grouped and be asked to complete a given practice set, recording all transactions in their self designed source documents, journals and ledgers. From these records, they will also prepare simple financial statements.

IDST108 **3 units**
ENTREPRENEURIAL MANAGEMENT

This course deals with the approaches that entrepreneurs use in identifying opportunities and creating new ventures, the analytical skills that are needed to practice these approaches, and the background knowledge and managerial skills that are necessary for dealing with the recurring issues involved in starting, growing, and harnessing the value of new ventures. Students will learn and apply their personal characteristics, competencies, and motivation generally associated with successful entrepreneurs.

Students are expected to know the basic skills to run a business and realize its importance to economic growth. The class will be divided into small groups and each group is expected to prepare and present a business plan to a panel of experts for evaluation.

IDST109 **3 units**
GRAPHIC DESIGN

This course aims to provide students exposure to the use of industry-standard software such as Adobe Photoshop and Adobe Illustrator. Students are expected to learn the fundamentals of working with raster and vector editing software. They are expected to design their own images and learn about the production workflow, special effects, scanning and output. To help students to be an effective communicator that uses technology responsibly through developing an output that will determine their capacity to endure industry requirements and skillfully to enhance communication for personal, social, and academic pursuits that will develop them holistically.

They are required to create and design a portfolio regarding a certain company specification that they will innovatively come up with an industry based output.

IDST110 **3 units**
INTRODUCTION TO WEB AUTHORING

This course is designed to introduce students to many of the basic concepts, issues and techniques related to designing, developing and deploying personal websites. During this course, students will learn about Web design, HTML, and the basics of Cascading style sheets (CSS). Students will learn how to create sites both manually and

through the use of Web development software. In the process of learning this course, students will demonstrate confidence in his/her communicative abilities at par with global community as an effective communicator. In which students are allowed to express their creativeness and resourcefulness in presenting personal websites. They are expected to develop and deploy a working website programmed with dynamic HTML and CSS languages.

IDST111 **3 units**
ECONOMIC DEVELOPMENT

This course deals with problems and constraints for growth of developing countries in line with their national goals by discussing the past and present development strategies including the effects of globalization. Students are expected to emphasize the ethical dimensions of development strategies to alleviate poverty conditions, develop international perspectives, and foster concerns for local, national and global issues.

Students are expected to emphasize the ethical dimensions of development strategies that helps alleviate poverty conditions. Students are expected to develop international perspectives, foster concerns for global issues while raising awareness of own responsibilities at a local, national, and international level. Students are to develop values and attitudes that will enable them to achieve a degree of personal commitment in trying to resolve the issues, appreciating their responsibility as citizens of an increasingly interdependent world.

IDST112 **3 units**
LEADERSHIP BEHAVIOR AND ORGANIZATIONAL DEVELOPMENT

Introduces the principles of effective leadership and sound management, as applied to one's personal and work life. It proceeds with a discussion of history, key concepts and current issues in organizational development and organization theory.

Students shall prepare to become responsible, passionate, service oriented, and future servant leaders in their workplaces and in the community.

IDST113 **3 units**
PUBLIC RELATIONS

Discusses the principles, strategies and techniques of public relations and the application of psychological principles to individuals, as well as to educational social and industrial activities, exposes students to actual case studies and designing their own public relations programs.

Enhance the students ability to become effective communicators and expressive of what they are thinking in relation to public and social issues.

IDST114 **3 units**
DYNAMICS OF POPULAR CULTURE

Introduces the different forms of popular culture as products of the complex interaction of forces in society. It focuses on enabling students to understand the diverse ways of approaching cultural artifacts, from a more critical perspective.

The students are expected to be able to critique products of popular culture using selected standards, and produce an alternatives cultural product based on the United Nations Declaration of Human Rights and the best of Filipino Values.

IDST115 **3 units**
OFFICE MANAGEMENT

Introduces to the modern business environment, organizational systems, structures, procedures, communication media and management as well as corporate etiquette and professional conduct.

The students are expected to submit a plan for a small business, which they will have to present in class.

IDST116 **3 units**
FUTURE STUDIES

This course introduces students to the principles of future studies, focusing on their application to planning in one's personal, work and community life, especially in creating alternative, preferred and desired futures and conducted workshop-style. Students are expected to correctly and satisfactorily accomplish a scenario-building team project based on selected global, national and local changes and an individual personal futures project.

Students are expected to correctly and satisfactorily accomplish a scenario-building team project based on selected global, national and local changes and an individual personal futures project.

IDST117 **3 units**
CORPORATE SOCIAL RESPONSIBILITY

Provides students with the awareness that in addition to the profit goals of business and industry, commercial enterprises are also expected to respond to the needs of society in general and the enterprises, employees and other stakeholders. Emphasizes issues such as: management-labor relations, production of safe and quality products/services, social formation, environmental protection and business ethics.

The students are to present a project with a Christian Service Learning component where the students are provided experiential and interactive learning through activities that enhance social awareness and responsiveness through identified communities.

IDST118 **3 units**
HUMAN RESOURCE MANAGEMENT

Examines the role, function, responsibilities and structure of human resource management. It covers various concepts, principles and techniques in the effective utilization of human resources, with emphasis on the management system that affects productivity.

Covers a range of major issues on human resource management in organizations including demographic and social change, ethics in HRM, managing diversity, assessment center techniques, the impact of government regulation on HRM to improving productivity, managing outsourcing, career development and mentoring.

IDST119/IDST121
**SOCIAL RESEARCH 1 & 2 (w/ SENIOR
THESIS WRITING)**

Introduces students to basic research methodology, proper problem identification, literature review, planning and execution of individual or group research as it relates to their preferred field of study.

The students are expected to prepare, propose and defend a research problem at the end of the semester. The identified research problem shall reflect any of the moral, religious, political, social and cultural phenomena that entail critical analysis in the interpretation of the findings of the study.

IDST120 **3 units**
DEVELOPMENT STUDIES

An introduction to international development as it offers general overview to the development issues, development theories and the problems of developing countries. The course attempts to critically review contemporary debates about development including the link between modernity and development participation, environment management, peace and conflict management, gender, poverty and the role of government in policy development.

Emphasize on understanding different cultures, existence of widespread inequality, economies, languages, and characteristics of developing world that are essential to the understanding the developing process of change. Students are required of a power point presentation on theories and practices related to special development topics complimented by a country case study and video resources. Application of insights must be reflected in a with applied research project as final requisite of the course.

IDST122 **3 units**
CREATIVE CONFLICT TRANSFORMATION

Aims to develop the awareness and understanding that the response to conflict need not be violence. It discusses conflict as a phenomenon, conflict analysis, conflict resolution strategies, human rights and conflict, media and conflict, and mediation and negotiation among others.

It aims to develop in students the ability to explore alternative, creative and positive conflict transformation approaches and strategies. This course shall make the students become promoters of justice and peace in the world.

IDST123 **3 units**
EVENTS MANAGEMENT

This is an integration course that examines and applies the principles of conceptualizing, planning, managing, conducting, and evaluating seminars and events. Students are expected to assimilate their knowledge and skills learned from their courses, particularly from their career tracks. Topics include the significance of seminars and events in interdisciplinary studies, event design, project management, methods and evaluation, physical requirements, organizing, promotion and sponsorship.

Students are to be exposed to creative discussions and presentation with potential sponsors to develop holistic quality of managing events. Furthermore, encouraging or involving target participants and attendees to support desired and identified event projects. At the end of the course, they will be required to submit a post-evaluation event.

**IDS124
INTERDISCIPLINARY
INTERNSHIP**

**3 units
STUDIES**

This course aims to provide opportunity for students to undergo on-the-job training that best suits their chosen career track ranging from a variety of disciplines that open up numerous career options upon graduation. Placement is based on a student's elective course which may range from corporate communication, education, information technology, hospitality management, marketing, performing arts, and psychology.

Upon successful completion of their 200 training hours, students will exhibit their flexibility in terms of adjusting to a variety of work environments that require multi-tasking ability to produce quality work output using the available resources; demonstrate confidence in practicing skills in inter-office communication using basic and advanced office equipment and machines; know how to organize and prioritize tasks; appreciate the importance of working with a team and preserving interpersonal relationships; use critical thinking ability in analyzing situations and making decisions related to work; and observe professional demeanor in the conduct of assigned duties and responsibilities. Upon successful completion of the 200 training hours, students will submit a fully documented internship portfolio that reflects learning and insights as future professionals who live out the Lasallian Graduate Attributes in the workplace.