

COLLEGE OF NURSING

Program Description

The Bachelor of Science in Nursing is a four-year degree program with general education and professional courses which are threaded thru the program emphasizing the nursing concepts aligned with Related Learning Experiences (RLE). The intensive nursing practicum further refines nursing competencies to ensure achievement of the BSN program outcomes required of an entry level nurse to help individuals, families, groups and communities cope with current and potential threats to health.

Program Educational Objectives:

Within three to five years after obtaining a bachelor's degree in Nursing at University of St. La Salle, a graduate is expected to have:

1. Engaged in life-long learning and advanced practice in nursing to respond effectively in different key areas of responsibility based on Nursing Competency Standards.
2. Participated in research and utilized nursing process as a problem-solving approach to address local, national, and global health needs for the promotion and restoration of health and prevention of illness.
3. Performed leadership functions in their area of specialization while demonstrating a caring behavior anchored on legal and ethico-moral standards in nursing.

Program Outcomes

In line with the University Mission Statement, the BSN Program is designed to facilitate the development of students who:

1. apply knowledge of physical, social, natural and health sciences and humanities in the practice of nursing by using multidisciplinary approaches;
2. provide safe, appropriate, humanistic and holistic care to individuals, families, population groups, and community utilizing nursing process while taking personal responsibility and accountability;
3. utilize guidelines and principles of evidence-based practice in the delivery of care by differentiating relevant from irrelevant information in various contexts;
4. practice nursing in accordance with existing laws, legal, ethical, moral and Christian principles, perspectives and gospel values;
5. communicate effectively and confidently in various settings using culturally appropriate language;
6. report and document up-to-date client care accurately and comprehensively by using technology responsibly;
7. collaborate effectively with inter, intra, and multidisciplinary and multicultural teams by channeling issues and concerns to the proper body/individual;
8. practice beginning management and leadership skills by using systems approach and analyzing situations in the delivery of client care;
9. conduct nursing and health-related studies as a member of the research team by taking concrete action on societal and global concerns with an experienced researcher;
10. engage in lifelong learning with a passion to keep current with national and global developments in general and nursing as well as health developments in particular, by nurturing one's faith and in communion with others;

11. demonstrate responsible citizenship and pride in being a Filipino Lasallian nurse including but not limited to the care, protection and preservation of the environment;
12. apply techno-intelligent care systems and processes in health care delivery through innovative methods;
13. adopt the nursing core values in the delivery of nursing care and become an instrument of God's work; and
14. apply entrepreneurial skills in the delivery of Lasallian nursing care.

Admission Requirements

Freshmen

1. College Freshmen seeking admission to the Nursing Program must meet the following cut-off scores:

		WT
Junior High School Average	85%	50%
Senior High School Average	85%	<u>50%</u>
Interview		
Total		100%

2. The applicant must also submit a (-) chest x-ray and (-) or non-reactive HBsAg result. If an applicant is found (+) in the aforementioned laboratory requirements, he/she should submit the ff:

For a student with Minimal PTB –

- signed waiver on health deficiency with parent's conformity;
- medical certificate from a pulmonary specialist as proof that the student is under treatment and management; and
- medical certificate from the USLS Clinic.

A (+) chest x-ray result may not necessarily mean an active case. An evaluation of the student for symptoms will be based on National Guidelines. For

a student with REACTIVE HBsAg result -

- signed waiver on health deficiency with parent's conformity. The waiver allows the student to be admitted to the program that clarifies the possibility of delayed graduation, for some affiliating agencies do not accept HBsAg (+) students to special areas like OR, DR and Nursery. Hence, completion of cases for Nurses' Licensure Examination as required by the PRC may be affected.
- laboratory results of the ff:

Non-reactive HBsAg

3. The applicant should be fully vaccinated and a copy of the vaccination card should be submitted as proof.

Transferees

1. Applicants must submit the following:
 - Transcript of Record and Honorable Dismissal from the school last attended
 - Favorable recommendation from the college/school last attended. Applicants must meet the following cut-off scores:

		WT
GPA	83%	70%
Interview		
Total		<u>100%</u>

2. Shiftees are required to take the Nursing Aptitude Test (NAT).
3. Transferees/shiftees/returnees should also comply with the health requirements stated in the admission requirements for freshmen.

Retention Policies

1. Acceptance to the 1st year, 2nd semester requires:
 - a final grade of 83% in NCM 100a and MC 1 - 40% of the endterm grade shall be taken from the Integrated Comprehensive Examination
An Integrated Comprehensive Examination (ICE) is a summative test given at the endterm of every semester. It covers all nursing concepts taken from the past (30%) to the currently enrolled (70%) nursing courses and comprises 40% of the endterm grade of all professional Nursing courses.
 - a passing grade in all other first semester subjects
A student who fails in one subject other than NCM 100a and MC 1 shall be placed on academic probation. A student who fails in two or more subjects shall be asked to shift to another course or to transfer to another school. Students admitted/retained/on academic probation but incur another failure will automatically be dismissed from the nursing program.
2. Acceptance to the 2nd year, 1st semester requires:
 - a grade of 83% in NCM 101a, NCM 102a and NCM 103a
 - a passing grade in all other 1st year, 2nd semester subjects
 - chest x-ray result
 - record of Hepa B immunization
If a student is immunized in the past as a child, or at present, an Anti- HBs Titer is required. It is a qualitative test, therefore, if the titer is below the level of 10, a booster dose of Hepa B vaccination is required. The USLS clinic will provide assistance for the Hepa B vaccination and follow-up.
3. Acceptance to the 2nd year, 2nd semester requires:
 - a grade of 83% in the following subjects:
NCM 104a, NCM 105a, NCM 106a, NCM 107a and NCM 108a
(40% of the endterm grade shall be taken from the Integrated Comprehensive Exam)
A student who obtains a grade below 83 in the foregoing subjects shall be dismissed from the College of Nursing.
 - a passing grade in all other 2nd year, first semester subjects
4. Acceptance to the 3rd year, 1st semester requires:
 - a grade of 83% in NCM 109a and NCM 110a (40% of the endterm grade shall be taken from the Integrated Comprehensive Exam)
 - a passing grade in all 2nd year, 2nd semester subjects
 - chest x-ray result
5. Acceptance to the 3rd year, 2nd semester requires a passing grade in all nursing courses (NCM 111a, NCM 112a, NCM 113a and NCM 114a) - 40% of the endterm grade shall be taken from the Integrated Comprehensive Exam.
6. Acceptance to the 4th year, 1st semester requires:
 - a passing grade in NCM 115a, NCM 116a and NCM 117a
 - chest x-ray result
7. Acceptance to the 4th year, 2nd semester requires:
 - a passing grade in all 1st semester nursing courses.
 - 40% of the endterm grade of the following nursing courses shall be taken from the Integrated Comprehensive Exam:
1st semester - NCM 118a, NCM 119a and NCM 120a
2nd semester - NCM 121a and NCM 122a
 - chest x-ray result
A student who fails a subject will be allowed to repeat the subject only once. If a student fails in the repeated subject, he/she will be dismissed from the College of Nursing.
A student who fails in the lecture or RLE Component of NCM subjects shall

be made to repeat both the lecture and the RLE.

A preboard examination shall be given at the end of the second semester of the fourth year. The preboard examination will cover INA1 and INA2.

A student who scores below 60 in any of the five (5) board subjects shall not be recommended to take the first (1st) scheduled Nurse Licensure Examination (NLE).

8. Recognition of Clinical Competence

Recognition for Clinical Competence with honors are conferred on qualified students upon graduation from the Clinical Nursing Program including Anatomy and Physiology, Theoretical Foundation of Nursing, Health Assessment, Health Education, Fundamentals of Nursing Practice, Community Health Nursing 1 and 2, Nutrition and Diet Therapy, Pharmacology, Health Care Ethics (Bioethics), Nursing Informatics, Nursing Research 1 and 2, NCM 107a, NCM 109a, NCM 112a, NCM 114a, NCM 116a, NCM 117a, NCM 118a, NCM 120a, NCM 121a, NCM 122a, INA 1 and INA 2.

- I. A Gold Medal is conferred to students with a GPA of 96 = (1.4) or better in the Nursing program.
- II. A Silver Medal is conferred to students with a GPA of 93 - 95 = (1.5 - 1.79) in the Nursing program.
- III. A Bronze Medal is conferred to students with a GPA of 91 - 92 = (1.8 - 1.90) in the Nursing program.

However, for a transferee, grades earned from other schools will not be counted against the GPA of the student in the computation of his/her rank.

**BACHELOR OF SCIENCE
NURSING
AY 2023-2024**

First Year

First Semester

		Lec	Lab	# of	RLE	SDL Units	
						Assessed hrs	SL hrs C hrs hrs
						Units	
USELF	Understanding the Self	3	0	0	0	3	3
RHIST	Readings in Philippine History	3	0	0	0	3	3
NCM 100a	Theoretical Foundation of Nursing	3	0	0	0	3	3
MC 1	Anatomy and Physiology	3	2	108	0	5	9
BCHEM	Biochemistry	3	2	108	0	5	9
MATHMW	Mathematics in the Modern	3	0	0	0	3	3
PED1	Physical Education (Wellness and Fitness)	2	0	0	0	2	2
IRS1	Lasallian Spirituality	3	0	0	0	3	3
Total		23	4	0	0	27	35

Second Semester

		Lec	Lab	# of	RLE	SDL Units	
						Assessed hrs	SL hrs C hrs hrs
						Units	
PCOM	Purposive Communication	3	0	0	0	3	3
NCM 101a	Health Assessment	3	0	0	0	3	3
NCM 101a-R	Health Assessment-RLE	0	0	2	102	20-30	2 0
NCM 102a	Health Education	3	0	0	0	3	3
NCM 103a	Fundamentals of Nursing	3	0	0	0	3	3
NCM 103a-R	Fundamentals of Nursing Practice-RLE	0	0	2	102	20-30	2 0
MC 3	Microbiology and Parasitology	3	1	54	0	4	6
PED2	Physical Education (Self	2	0	0	0	2	2
IGG	Group Guidance 1	1.5	0	0	0	1.5	1.5
IRS2	Christian Morality	3	0	0	0	3	3
Total		21.5	1	4	0	26.5	24.5

Summer

		Lec	Lab	# of	RLE	SDL Units	
						Assessed hrs	SL hrs C hrs hrs
						Units	
ETHICS	Ethics	3	0	0	0	3	3
ENTMND	The Entrepreneurial Mind	3	0	0	0	3	3
Total		6	0	0	0	6	6

Second Year

First Semester

		Lec	Lab	# of	RLE	SDL Units	
						Assessed hrs	SL hrs C hrs hrs
						Units	
NCM 104a	Community Health Nursing 1 (Individual and Family as Clients)	2	0	0	0	2	2
NCM 104a-R	Community Health Nursing 1 (Individual and Family as -RLE	0	0	1	51	1 51	20-30 2 0
NCM 105a	Nutrition and Diet Therapy	2	1	54	0	3	5
NCM 106a	Pharmacology	3	0	0	0	3	3
NCM 107a	Care of Mother, Child and Adolescent (Well Clients)	4	0	0	0	4	4
NCM 107a-R	Care of Mother, Child and Adolescent (Well Clients)-RLE	0	0	2	102	3 153	51-76 5 0
NCM 108a	Health Care Ethics (Bioethics)	3	0	0	0	3	3
NSTP1	NSTP 1	3	0	0	0	3	0
PED3	Physical Education 3	2	0	0	0	2	2
PSPEAK	Public Speaking in the	3	0	0	0	3	3
Total		22	1	3	4	30	22

Second Semester

		Lec	Lab	# of	RLE	SDL Units		
				Assessed	hrs	SL	hrs	C hrs
				Units	Units			hrs
NCM 109a	Care of Mother, Child at Risk or with Problems (Acute and Chronic)	6	0	0	0		6	6
NCM 109a-R	Care of Mother, Child at Risk or with Problems (Acute and Chronic)-RLE	0	0	1	51	5	255	61- 6
NCM 110a	Nursing Informatics	2	1	54	0	0		3
STS	Science, Technology and	3	0	0	0	0		3
NSTP2	NSTP 2	3	0	0	0	0		3
PED4	PE 4 (Individual and Dual	2	0	0	0	0		2
ARTAP	Art Appreciation *1st yr - 2nd	3	0	0	0	0		3
	Total	19	1	1	5		26	19

Summer

		Lec	Lab	# of	RLE	SDL Units		
				Assessed	hrs	SL	hrs	C hrs
				Units	Units			hrs
NCM 107b	Nursing Skills Enhancement 1 (no credit)	0	0	0	0	0		0
	Total	0	0	0	0		0	0

Third Year

First Semester

		Lec	Lab	# of	RLE	SDL Units		
				Assessed	hrs	SL	hrs	C hrs
				Units	Units			hrs
IRS3	Spirituality in the Workplace	3	0	0	0		3	3
NCM 111a	Nursing Research 1	2	0	0	0		2	2
NCM 111a-R	Nursing Research 1-RLE	0	0	1	51	0	10-15	1
NCM 112a	Care of Clients with Problems Oxygenation, Fluid and Electrolytes, Infectious, Inflammatory and Response, Cellular Acute and Chronic	8	0	0	0		8	8
NCM 112a-R	Care of Clients with Problems in Oxygenation, Fluid and Electrolytes, Infectious, Inflammatory and Response, Cellular Aberrations, Acute and Chronic-RLE	0	0	1	51	5	255	61-91
NCM 113a	Community Health Nursing 2 (Population Groups and Community as Clients)	2	0	0	0		2	2
NCM 113a-R	Community Health Nursing 2 (Population Groups and Community as Clients)-	0	0	0	1	51	10-15	1
GBOOKS	Great Books	3	0	0	0		3	3
	Total	18	0	2	6		26	18

Second Semester

		Lec	Lab	# of	RLE	SDL Units		
				Assessed	hrs	SL	hrs	C hrs
				Units	Units			hrs
NCM 114a	Care of Older Adult	2	0	0	0		2	2
NCM 114a-R	Care of Older Adult-RLE	0	0	0	1	51	10-15	1
NCM 115a	Nursing Research 2	0	0	2	102	0	20-30	2
NCM 116a	Care of Clients with Problems in Nutrition, and Gastro-intestinal, Metabolism and Endocrine, Perception and							

Coordination (Acute and Chronic)	5	0	0	0	5	5
NCM 116a-R Care of Clients with Problems in Nutrition, and Gastro- intestinal, Metabolism and Endocrine,						

NCM 117a	Perception and Coordination (Acute and Chronic)-RLE Care of Clients with Patterns of Behavior, Acute Chronic	0	0	1	51	3	153	40-61	4	0
NLOGIC	Chronic and Critical Thinking	4	0	0	0				4	4
ENSCI	Environmental Science	3	0	0	0				3	3
	Total	17	0	3	4				24	17

Summer

		Lec	Lab	# of	RLE	SDL Units				
				Assessed hrs	Units	SL	hrs	C	hrs	hrs
NCM 116b	Nursing Skills Enhancement 2 (no credit)	0	0	0	0				0	0
NCM 117a-R	Care of Clients with Maladaptive Patterns of Behavior, Acute Chronic-RLE	0	0	1	51	3	153	40-61	4	0
	Total	0	0	1	3				4	0

Fourth Year

First Semester

		Lec	Lab	# of	RLE	SDL Units				
				Assessed hrs	Units	SL	hrs	C	hrs	hrs
NCM 118a	Nursing Care of Clients with Life Threatening Conditions, Acutely Ill/Multi-organ Problems, High Acuity and Emergency Situation, Acute and Chronic	4	0	0	0				4	4
NCM 118a-R	Nursing Care of Clients with Threatening Conditions, Ill/Multi-organ Problems, High Acuity and Emergency Acute and Chronic-RLE	0	0	2	102	3	153	51-76	5	0
INA 1	Intensive Nursing Appraisal 1	3	0	0	0				3	3
NCM 119a	Nursing Leadership and Management	4	0	0	0				4	4
NCM 119a-R	Nursing Leadership and Management-RLE	0	0	0	3	153	30-45	3		0
NCM 120a	Decent Work Employment and Transcultural Nursing	3	0	0	0				3	3
RIZAL	Life, Works and Writings of	3	0	0	0				3	3
	Total	17	0	2	6				25	17

Second Semester

		Lec	Lab	# of	RLE	SDL Units				
				Assessed hrs	Units	SL	hrs	C	hrs	hrs
NCM 121a	Disaster Nursing	2	0	0	0				2	2
NCM 121a-R	Disaster Nursing-RLE	0	0	1	51	0	10-15	1		0
NCM 122a	Intensive Nursing Practicum (Hospital and Community)	0	0	0	8	408	81-122	8		0
INA 2	Intensive Nursing Appraisal 2	3	0	0	0				3	3
CWRLD	The Contemporary World	3	0	0	0				3	3
	Total	8	0	1	8				17	8

SL - Skills Laboratory

C - Clinicals

SDL - Self-Directed Learning (20%-30% of Total RLE Hours)

SUMMARY OF REQUIRED COURSES

Bachelor of Science in Nursing

	# of Total Course Total Units Required	Lec	Lab	RLE SL	Sub C
General Education Courses					
a. Core Courses					
Understanding the Self	1	3	0	0	3
Readings in Philippine History	1	3	0	0	3
Mathematics in the Modern World	1	3	0	0	3
Purposive Communication	1	3	0	0	3
Public Speaking in the Discipline	1	3	0	0	3
Science, Technology and Society	1	3	0	0	3
Art Appreciation	1	3	0	0	3
Ethics	1	3	0	0	3
The Contemporary World	1	3	0	0	3
					27
b. Elective Courses					
The Entrepreneurial Mind	1	3	0	0	3
Great Books	1	3	0	0	3
Environmental Science	1	3	0	0	3
					9
Mandated Courses					
Physical Education	4	8	0	0	8
Religious Studies	3	9	0	0	9
Group Guidance	1	1.5	0	0	1.5
National Service Training Program	2	6	0	0	6
Life, Works and Writings of Rizal	1	3	0	0	3
					27.5
Major Courses					
Anatomy and Physiology	1	3	2	0	5
Biochemistry	1	3	2	0	5
Microbiology and Parasitology	1	3	1	0	4
Logic and Critical Thinking	1	3	0	0	3
					17
Professional Courses					
NCM 100 – Theoretical Foundation of Nursing	1	3	0	0	3
NCM 101 – Health Assessment	1	3	0	2	5
NCM 102 – Health Education	1	3	0	0	3
NCM 103 – Fundamentals of Nursing Practice	1	3	0	2	5
NCM 104 – Community Health Nursing 1 (Individual and Family as Clients)	1	2	0	1	4
NCM 105 – Nutrition and Diet Therapy	1	2	1	0	3
NCM 106 – Pharmacology	1	3	0	0	3
NCM 107 – Care of Mother, Child and Adolescent (Well Clients)	1	4	0	2	9
NCM 108 – Health Care Ethics	1	3	0	0	3
NCM 109 – Care of Mother, Child at Risk or with Problems (Acute and Chronic)	1	6	0	1	5
					12
NCM 110: – Nursing Informatics	1	2	1	0	3
NCM 111 – Nursing Research 1	1	2	0	1	3
NCM 112 – Care of Clients with Problems in Oxygenation, Fluid and Electrolytes, Infectious, Inflammatory and Response, Cellular Aberrations, Acute and Chronic	1	8	0	1	5
					14
NCM 113 – Community Health Nursing 2 (Population Groups and Community as Clients)	1	2	0	0	1
					3

NCM 114 – Care of Older Adult	1	2	0	0	1	3
NCM 115a – Nursing Research 2	1	0	0	2	0	2
NCM 116 – Care of Clients with Problems in Nutrition, and Gastrointestinal, Metabolism and Endocrine, Perception and Coordination (Acute and Chronic)	1	5	0	1	3	9
NCM 117 – Care of Clients with Maladaptive Patterns of Behavior, Acute and Chronic	1	4	0	1	3	8
NCM 118 – Nursing Care of Clients with Life Threatening Conditions, Acutely Ill/ Multi-organ Problems, High Acuity and Emergency Situation, Acute and Chronic	1	4	0	2	3	9
NCM 119 – Nursing Leadership and Management	1	4	0	0	3	7
NCM 120 – Decent Work Employment and Transcultural Nursing	1	3	0	0	3	3
NCM 121 – Disaster Nursing	1	2	0	1	0	3
NCM 122 – Intensive Nursing Practicum (Hospital and Community Settings)	1	0	0	0	8	8
INA – Intensive Nursing Appraisal	2	6	0	0	0	6 128
Total Units						211.50

At the end of the B.S. Nursing program, the total number of related learning experiences: skills

laboratory/clinical are recommended for the following:

Courses	Skills Lab	Clinical	RLE Contact Hours (1 credit unit = 51 hours)	No. of Hours for Self-Directed Learning (20-30% of Total RLE Hours)
Health Assessment	2	0	102	20-30
hours Fundamentals of Nursing Practice		2	0	102
20-30 hours Community Health Nursing 1 (Individual and Family as Clients)	1	1	102	20-30 hours
Care of Mother, Child and Adolescent (Well Clients)	2	3	255	51-76 hours
Care of Mother, Child at Risk or with Problems (Acute and Chronic)	1	5	306	61-91
hours Nursing Research 1		1	0	51
10-15 hours Care of Clients with Problems in Oxygenation, Fluid and Electrolytes, Infectious, Inflammatory and Immunologic Response, Cellular Aberrations, Acute and Chronic	1	5	306	61-91 hours

Community Health Nursing 2 (Population Groups and Community as Clients)	0	1	51	10-15
hours Care of Older Adult		0	1	51
10-15 hours Nursing Research 2		2	0	102
20-30 hours Care of Clients with Problems in Nutrition, and Gastro-intestinal, Metabolism				

and Endocrine, Perception and Coordination (Acute and Chronic)	1	3	204	40-61 hours
Care of Clients with Maladaptive Patterns of Behavior, Acute and Chronic	1	3	204	40-61 hours
Nursing Care of Clients with Life Threatening Conditions, Acutely Ill/ Multi-organ Problems, High Acuity and Emergency Situation, Acute and Chronic	2	3	255	51-76 hours
Nursing Leadership and Management	0	3	153	30-45 hours
Disaster Nursing	1	0	51	10-15 hours
Intensive Nursing Practicum (Hospital and Community Settings)	0	8	408	81-122 hours
Total	17	36	2,703	540-810
	53 RLE		hours	hours
	Units			

At the end of the B.S. Nursing program, the total number of laboratory units/hours is recommended for the following courses:

Courses	Laboratory Units	Laboratory Hours 1 unit lab = 51
Biochemistry	2	102
Anatomy and Physiology	2	102
Microbiology and Parasitology	1	51
Nutrition with Diet Therapy	1	51
Nursing Informatics (Computer Lab)	1	51
Total	7 units	357 hours

MAJOR COURSE DESCRIPTION
Bachelor of Science in Nursing

**GENERAL EDUCATION
COURSES**

MC 3 **4**
units
MICROBIOLOGY AND
PARASITOLOGY
(3 units lecture = 54 hours; 1 unit lab = 54 hours)

Deals with the general principles of Microbiology covering the important groups of microorganisms such as bacteria, fungi, protozoans, algae, viruses, parasitic worms and arthropods as vectors; their morphology, metabolism and control; microbial genetics, evolution and diversity; their relation to health and diseases; infection and immunities; applied microbiology, in food and water.

At the end of the course and given simulated/ actual situations/conditions, the student will be able to apply the concepts and principles of microbiology and parasitology in the care of individuals. Utilize principles and techniques in the collection, handling of specimens and identification of microorganisms and parasites involved in the infectious processes.

Ethics **3**
units
ETHICS
S
(3 units lecture = 54 hours)

Provides an over view of ethics as a field of study that emphasizes investigation and discovery of higher and deeper truths especially about the rational and ethical nature of human person. Further, it seeks to equip the students with skills for logical thinking through exercises in the sound argumentation, identification of fallacies in reasoning and critical discourses to enable them to reflect on man's moral experiences in the context of Filipino values and contemporary ethical problems.

At the end of the course and given actual and relevant simulated situations/conditions, the student will be able to explain the concepts, theories and principles of bioethics in nursing and health. Apply relevant bioethical principles in nursing and health related situations.

COURSES

NCM 100 **3 units**
THEORETICAL FOUNDATION OF NURSING (3 units lecture = 54 hours)

Deals with the meta concepts of Person, Health, Environment and Nursing as viewed by the different theorists. Likewise, it includes other theories, non- nursing theories such as systems, developmental and change theories relevant to nursing. It presents how these concepts and theories serve as guide to nursing practice. It further deals with health as a multifactorial phenomenon and the necessary core competencies that the nurse needs to develop. It discusses the significance of the theory for nursing as a discipline and as a

PROFESSIONAL

profession and its application to nursing practice. The learners will be able to translate into a paper and activity the learned theories and activities that would showcase the attitude of a compassionate, competent and caring nurse with an understanding of the application of the theories in the care of clients, families and society as a whole.

MC 1 **5**
units
ANATOMY AND
PHYSIOLOGY
(3 units lecture = 54 hours; 2 units
lab =
108
hours)

Deals with the basic understanding of the structure of the parts of the human body and the basic principles on which the parts perform their functions. It aims to provide a foundation of knowledge of cells, tissues, organs and body system.

The Lasallian educational experience challenges to realize their full potential by promoting critical and creative thinking, self-knowledge and self-mastery.

At the end of the course, the students will acquire knowledge, skills and attitudes on human anatomy and physiology so that they can recognize the basic structural components of the body as a whole; identify the different body system and organs; discuss the different systems and their functions; show appreciation for the human body as a gift from God.

NCM 101 **5**
units
HEALTH
ASSESSMENT
(3 units lecture = 54 hours; 2 units
RLE =
102
hours)

Deals with concepts, principles and techniques of history taking using various tools, physical examination (head to toe), psycho-social assessment and interpretation of laboratory findings to arrive at a nursing diagnosis on the client across the lifespan in community and hospital settings.

At the end of the course and given simulated/ actual situations/conditions, the learner will be able to utilize concepts, principles, techniques and perform appropriate assessment tools in the assessment of individual client with

varying age group and development while observing bioethical concepts/ principles and core values and nursing standards in the care of clients.

Prerequisite: MC

1

NCM 102 **3**
units
HEALTH
EDUCATION
(3 units lecture = 54
hours)

The course is designed to help nurses learn how to teach through discussions of health education concepts, principles, theories and strategies as they apply in the clinical and classroom situations. The course will provide the necessary principles of

teaching and learning to become effective nurse educators as a means of meeting the specific health needs of various clients in any settings.

At the end of the course, the learner will be able to apply principles, theories and strategies of health education in assisting clients to promote and maintain their health and develop an instructional design, implementing a teaching plan using the nursing process as a framework to meet the learning needs of clients.

Prerequisites: MC 1, NCM 100

NCM 103 **5**
units
FUNDAMENTALS OF NURSING PRACTICE
(3 units lecture = 54 hours; 2 units RLE = 102 hours)

This course provides the students with the overview of nursing as a science, an art and a profession. It deals with the concept of man as a holistic being comprised of bio-psycho-socio and spiritual dimensions. It includes a discussion on the different roles of a nurse emphasizing on health promotion, maintenance of health as well as illness prevention utilizing the nursing process as a basis for nursing practice. It includes the basic nursing skills needed in the care of individual clients.

This Lasallian educational experience shall prepare learners for responsible participation in the world of work, the family, the community, the wider society and the Church.

Prerequisites: MC 1, NCM 100

NCM 104 **4 units**
COMMUNITY HEALTH NURSING 1
(INDIVIDUAL AND FAMILY AS CLIENTS)
(2 units lecture = 36 hours) (2 units RLE = 102 hours)
Skills Lab = 1 unit (51 hours) Clinical = 1 unit (51 hours)

Focuses on the care of the population groups and community as clients utilizing concepts and principles in community health development. It also describes problems, trends and issues in the Philippine and global health care systems affecting community health nursing practice. This course is designed to facilitate the conceptualizing of individuals and family as units of care which focuses on risk reduction, health maintenance and promotion of high level wellness to

individuals and families of all ages throughout the health continuum.

The learners are expected to provide safe, appropriate and holistic nursing care to individual and family as clients in community setting utilizing the nursing process.

The learner will be able to apply concepts and principles of community health development in the care of communities and population groups from acquired knowledge and skills to imbibe the core values cherished by the nursing profession such as caring and love of God, country and people in the community.

Prerequisites: NCM 100, NCM 101, NCM 102, NCM 103

NCM 105 **3**
units
NUTRITION AND DIET
THERAPY
(2 units lecture = 36 hours; 1 unit lab = 54 hours)

Encompasses topics on basic nutrition and diet therapy. It includes the six major nutrients and their function in body processes during different life stages and various disease conditions. It covers nutrients and other substances and their action, and interaction and balance in relation to health and disease and the process by which organism ingests, digests, absorbs, transports, utilizes and excretes food substances. This course shall highlight the vital role of nurses in improving the nutritional status of their clients in the community and in the hospital setting.

The students will be able to acquire knowledge, skills, and the right attitude in planning, preparing and serving nutritious and well balanced diet to a healthy individual, family, and the community as well as modified therapeutic diets for common illnesses as they bring Christian perspectives and values to bear on human knowledge and culture. Prerequisites: NCM 100, BCHEM, NCM 101, NCM 102, NCM 103

NCM 106 **3**
units
PHARMACOLOGY
(3 units lecture = 54 hours)

Deals with pharmacodynamics, pharmacokinetics, clinical/therapeutic uses and toxicology of drugs. Emphasis is given on how a drug works to anticipate when giving a drug to a patient are of paramount importance since nursing responsibilities include administering drugs, assessing drug effects, intervening to make a drug more tolerable, and providing teaching about drugs and the drug regimen. The course deals with the study of pharmacology as an integral part of nursing care in clients with problems in oxygenation, fluids and electrolyte balance, metabolism and endocrine.

The students will be able to acquire the knowledge, skills, and attitude towards safe administration of therapeutic agents to clients across the life through the nursing process approach, challenging learners to realize their full potential by promoting critical and creative thinking, self-knowledge and self-mastery of the role and responsibility of the nurse in pharmacology. Prerequisites: NCM 101, NCM 102, NCM 103

NCM 107 **9 units**
CARE OF MOTHER, CHILD AND
ADOLESCENT (WELL CLIENTS)
(4 units lecture = 72
hours) (5 units RLE =
255 hours)
Skills Lab = 2 units (102
hours) Clinical = 3 units
(153 hours)

Deals with scientific principles and techniques of caring for the normal mothers, infants, children and family and the applications of principles and concepts on the family health nursing process. It further deals with concepts in understanding the physiologic changes during pregnancy, delivery, postpartum, newborn, assessment and care.

This Lasallian educational experience will enhance Christian values in understanding a person as a human being and in the end the students could provide holistic care to clients.

Prerequisites: NCM 101, NCM 102, NCM 103

NCM 107b (no credit)

NURSING SKILLS ENHANCEMENT 1

Deals with accomplishment of cases and of further improving nursing students' clinical skills in the different stages of the child bearing experience and delivery in collaboration with the roles of other members of the health care team involved in the holistic care of the mother and the newborn.

At the end of the course, the learners will be able to attend to the clinical experiences and requirements' completion both in the Delivery Room and Nursery during labor, delivery, postpartum as well as immediate newborn care.

NCM 108 3 units

HEALTH CARE ETHICS (BIOETHICS) (3 units lecture = 54 hours)

Deals with the application of ethico-moral and legal concepts and principles to issues that affect the practice of nursing. These provide the basis for appropriate decision making given varied situations, to prepare the learner to render effective, efficient and safe nursing care. Furthermore, related learning experiences provide opportunities to concretize commitment to nursing. The critical thinking process shall be used in the unit with the objective of developing the intellectual capacity to conceptualize and contextualize what students know about particular ethico-moral and legal issues.

At the end of the course and given actual and relevant simulated situations/ conditions, the student will be able to explain the concepts, theories and principles of bioethics in nursing and health. Apply relevant bioethical principles in nursing and health related situations.

Prerequisites: NCM 103, ETHICS

**NCM 109 12 units
CARE OF MOTHER, CHILD AT RISK OR WITH PROBLEMS (ACUTE AND CHRONIC)**

(6 units lecture = 108 hours) (6 units RLE = 306 hours)

Skills Lab = 1 unit (51 hours) Clinical = 5 units (255 hours)

Deals with concepts, principles, theories and techniques in the nursing care of at-risk, high-risk, sick clients during childbearing and childbearing years (disturbances and pre-existing health problems of pregnant women and the pathologic changes during pre-partum, intra- partum and post-partum periods). It further deals with the common problems occurring during infancy to adolescence stage.

This Lasallian educational experience shall bring Christian perspectives, develop critical thinking and values to bear on human knowledge and

culture, utilizing the nursing process approach in the implementation of preventive, curative and rehabilitative nursing care.

Prerequisite: NCM 107

NCM 110 **3**
units
NURSING
INFORMATICS
(2 units lecture = 36 hours; 1 unit lab = 54 hours)

Introduces nursing informatics theory, evolving practice applications and skills development and discusses human factors essential to effective application of nursing informatics in practice. It applies technical skills and processes for the integration of nursing informatics into nursing education and clinical practice settings.

At the end of the course and given relevant actual or simulated situations/conditions, the student will be able to apply concepts, theories and principles of informatics in nursing and health care, discuss issues and trends in informatics relevant to nursing and health.

At the end of the course, the learners will be able to explain the nature and history of nursing informatics and its influence in today's practice; appreciate the roles and functions of a nurse in the practice of nursing informatics; learn how to integrate theory and related nursing experiences in a meaningful learning environment.

NCM 111 **3**
units
NURSING
RESEARCH 1
(2 units lecture = 36 hours; 1 unit RLE = 51 hours)

The course is an introductory concept intended to equip nursing students with concepts, principles in research starting from an overview of the major phases of the research process. The course will include discussions from formulation to dissemination of research findings, focus on the formulation of a research problem to the selection of research design, planning and choosing the appropriate research tools for data gathering.

This course will require the learners to develop a technically and ethically sound research proposal and present it in a colloquium applying knowledge, demonstrating skills and attitude in the conceptual, design, and planning phases of the research process geared towards global competitiveness and improvement of nursing education, clinical, and community

health practices.

Prerequisite:

MATHMW

NCM 112 **14 units**
CARE OF CLIENTS WITH
PROBLEMS IN OXYGENATION, FLUID
AND ELECTROLYTES, INFECTIOUS,
INFLAMMATORY
AND IMMUNOLOGIC
RESPONSE,
CELLULAR
ABERRATIONS, ACUTE AND CHRONIC
(8 units lecture = 144
hours) (6 units RLE = 306
hours)

Skills Lab = 1 unit (51
hours) Clinical = 5 units
(255 hours)

This course deals with the concepts, principles, theories and techniques of nursing care

management of at-risk and sick adults in any setting with alterations/problems in oxygenation, fluid and electrolyte balance, infectious, inflammatory and immunologic response, cellular aberration both acute and chronic conditions.

At the end of the course, and given actual clients with problems in oxygenation, fluid and electrolyte balance, oxygenation, fluid and electrolyte balance, infectious, inflammatory and immunologic response, cellular aberration both acute and chronic conditions, the student should be able to: utilize the nursing process in the care of individuals, families in community and hospital settings; assess with client/s his/her/their condition/health status through interview, physical examination, interpretation of laboratory findings; identify actual and at-risk nursing diagnosis;

4. Plan appropriate nursing interventions with client/s and family for identified nursing diagnosis; implement plan of care with client/s and family; evaluate the progress of his/her/their client's condition and outcomes of care; ensure a well-organized and accurate documentation system; relate with client/s and their family and the health team appropriately; observe bioethical concepts/principles, core values and nursing standards in the care of clients; and, promote personal and professional growth of self and others. Research concepts and processes are utilized in dealing with problems of clients.

Prerequisites: NCM 104, NCM 105, NCM 106, NCM 107, NCM 108, NCM 109

NCM 113 **3 units**
COMMUNITY HEALTH NURSING 2
(POPULATION GROUPS AND
COMMUNITY AS CLIENTS)
(2 units lecture = 36 hours; 1 unit RLE = 51 hours)

The course focuses on the care of the population groups and community as clients utilizing concepts, principles, community organizing strategies towards health promotion, disease prevention, restoration, maintenance and rehabilitation and community health development. It also describes problems, trends and issues in the Philippine and global health care systems affecting community health nursing practice.

The students will be able to conduct a community profiling as a basis for the community health planning program. This course will also provide the opportunity for students to prepare themselves for a leadership role in official health agencies in the real work world.

Prerequisites: NCM 100, NCM 101, NCM 103, NCM 104

NCM 114 **3**
units
CARE OF OLDER
ADULT

(2 units lecture = 36 hours; 1 unit RLE = 51 hours)

This course is designed to introduce the student to care for critically ill parents. Emphasis is on rapid assessment, setting priorities, rapid decision-making and appropriate nursing interventions.

The course may include cases with cardiovascular, pulmonary, renal, neurologic and multisystem alterations. This course deals with the concepts, principles and dimensions of quality health care, quality standards for Health Provider Organizations is and implementing a Performance Improvement/ Management program in the health care system. It deals with the concepts, principles and techniques of nursing care management of those with chronic illness and the older persons.

It deals with the concepts, principles and techniques of nursing care management of older persons, well and with chronic illness. The students are expected to adopt the theories and concepts related to the management and care of gerontologic clients. As ambassadors of goodwill, the RLE experience will bring learners to translate their knowledge into actual practice based on Christian perspectives and values.

The student will be able to utilize the nursing process in the care of chronically ill and the older person and discuss special concerns, issues and trends in caring for the chronically ill and the older person. This Lasallian educational experience shall bring Christian perspectives and values to bear on human knowledge and culture.

Prerequisites: NCM Subjects (101, 102, 103, 104, 105, 106, 107)

NCM 115 **2**
units
NURSING
RESEARCH 2
(2 units RLE = 102
hours)

A continuation of Nursing Research 1, which includes collection of data, analysis, interpretation, summary and conclusion and recommendation. Advising is done throughout the practicum sessions. The course will provide the student/ group an opportunity to undergo the final research defense process to appreciate data gathering, analyze, and interpret study results, disseminate the findings and make recommendations based on the results of their respective studies.

The course will provide the student/group an opportunity to undergo the final research defense process to appreciate data gathering, analyze, and interpret study results, disseminate research findings, and make appropriate recommendations based on the results of their respective studies geared towards global competitiveness and improvement of nursing education, clinical, and community

health practices.

Prerequisite: NCM
111

NCM 116 **9 units**

CARE OF CLIENTS WITH
PROBLEMS IN NUTRITION, AND
GASTRO-INTESTINAL, METABOLISM
AND
ENDOCRINE,
PERCEPTION AND COORDINATION
(ACUTE AND CHRONIC)
(5 units lecture = 90
hours) (4 units RLE =
204 hours)

Skills Lab = 1 unit (51
hours) Clinical = 3 units
(153 hours)

Deals with concepts, principles and theories of human behavior and the care of the sick client

across the lifespan with emphasis on the adult and the older person, population group experiencing alterations in inflammatory and immunologic response and perception and coordination in varied settings.

At the end of the course, and given actual clients with problems in nutrition, gastrointestinal, metabolism and endocrine function, perception and coordination with acute and chronic condition, the students will be able to: utilize the nursing process in the care of individuals, families in community and hospital settings; assess with client/s his/her/ their condition/health status through interview, physical examination, interpretation of laboratory findings; identify actual and at-risk nursing diagnosis; plan appropriate nursing interventions with client/s and family for identified nursing diagnosis; implement plan of care with client/s and family; evaluate the progress of his/her/their client's condition and outcomes of care; ensure a well- organized and accurate documentation system; 8. Relate with client/s and their family and the health team appropriately; observe bioethical concepts/principles, core values and nursing standards in the care of clients; and promote personal and professional growth of self and others.

Prerequisite: NCM
112

**NCM 116b (no credit)
NURSING SKILLS
ENHANCEMENT 2**

This course is designed in further promoting perioperative nursing experience focusing on the roles and responsibilities; observance of the principles and practice of sterile and surgical techniques in the clinical setting.

Learning
Outcomes:

At the end of the course, nursing students will further refine perioperative skills with confidence while completing required number of cases in the Operating Room thru scrub or circulation.

**NCM 117 8 units
CARE OF CLIENTS WITH
MALADAPTIVE PATTERNS OF
BEHAVIOR, ACUTE AND CHRONIC
(4 units lecture = 72
hours) (4 units RLE =
204 hours)**

**Skills Lab = 1 unit (51
hours) Clinical = 3 units
(153 hours)**

Focuses on health and illness across the life span of clients, population groups with acute and chronic psycho-social difficulties

and psychiatric illnesses. Related Learning Experience provides opportunities for the students to implement safe and quality nursing interventions addressing the health care needs of clients with maladaptive patterns of behavior.

The learner shall be able to utilize the nursing process in the care of individuals, families in community and hospital settings, apply knowledge and understanding of maladaptive patterns of behavior in providing safe and quality care to clients, increase self-awareness and therapeutic use of self in the care of client, ensure a well-

organized and accurate documentation system, relate with clients and their family and the health team appropriately, observe bioethical concepts/ principles, core values and nursing standards in the care of clients and, promote personal and professional growth of self and others.
Prerequisites: NCM 108, NCM 112

NCM 118 **9 units**
NURSING CARE OF CLIENTS WITH LIFE THREATENING CONDITIONS, ACUTELY ILL/ MULTI-ORGAN PROBLEMS, HIGH ACUITY AND EMERGENCY SITUATION, ACUTE AND CHRONIC
(4 units lecture = 72 hours) (5 units RLE = 255 hours)
Skills Lab = 2 units (102 hours) Clinical = 3 units (153 hours)

Deals with concepts, principles, theories and techniques of nursing care of sick adult clients with life-threatening conditions, acutely ill/multi-organ problems, high acuity and emergency situation toward health promotion, disease prevention, restoration and maintenance, and rehabilitation.

The learners are expected to gain knowledge of the nursing care required within the scope of emergency nursing as to assessment, planning and delivery of appropriate nursing care to clients with health problems and special needs.
Prerequisite: NCM 116

NCM 119 **7**
units NURSING LEADERSHIP AND MANAGEMENT (4 units lecture = 72 hours; 3 units RLE = 153 hours)

Deals with the application of concepts, principles, theories and methods of developing nursing leaders and managers in the hospital and community-based settings. It also includes ethico-moral/legal aspects of health care and nursing practice and the nurses' responsibilities for personal and professional growth. Utilization of the nursing process in the care of individuals, families and population group, in hospital and community settings is the emphasis of this course. The course aims to demonstrate leadership and competence in the performance of their responsibilities as a beginning nurse practitioner in hospital and community setting.

The learners are expected to perform beginning professional management and leadership skills and apply sound ethico-legal and moral decision-making in various health care work situations. Within the profession and participation in the world of work and in the wider

society, student nurses assume responsibility as a Practicing Head Nurse and Practicing Clinical Instructor.
Prerequisites: NCM 117, NCM 118

NCM 120 **3**
units DECENT WORK EMPLOYMENT
AND TRANSCULTURAL NURSING
(3 units lecture = 54
hours)

Focus on the introduction of the students to the different concepts, theories, cultural beliefs and values necessary in complementing humane Lasallian work practices in the nursing care of clients in diverse health settings.

The Lasallian nursing students will be able to apply cross-cultural awareness necessary in the provision of culturally congruent care among patients and clients from different cultures.

NCM 121 **3**
units
DISASTER
NURSING
(2 units lecture = 36 hours; 1 unit RLE
= 51 hours)

The course enhances students learning to the nature of disasters as well as the nursing knowledge and skills in attending to the different health care needs of patients in laboratory and different disaster situations.

The learners will be able to generalize principles of disaster nursing in application to the different situations in generating solutions and appropriate management strategies both in laboratory and complex situations.

Prerequisite: NCM
103

NCM 122 **8**
units INTENSIVE **NURSING**
PRACTICUM
(HOSPITAL AND COMMUNITY
SETTINGS) (8 units RLE = 408 hours
Clinical and 24 hours RLE)

Deals with the actual application of the theories, principles and concepts of clinical nursing practice to groups of clients in varied settings to refine nursing skills in the different basic nursing services including the community. Emphasis is placed on integrating the multiple roles of professional Nursing as a vehicle to enhance critical thinking and communication skills. The course aims to apply the nursing process in the care of groups of clients across the lifespan with varied conditions and the community. Ability to demonstrate competencies of a beginning staff nurse, head nurse, researcher and leader is the expected outcome of the course.

It allows the learners to refine their skills in the different basic nursing procedures and to enhance their critical thinking and communication skills. Prerequisites: All

Professional Subjects

INA 1 **3**
units
INTENSIVE NURSING
APPRAISAL 1 (3 units lecture =
54 hours)

Focus on the application of the concepts, principles and processes basic to the practice of nursing with emphasis on health promotion, disease prevention, health maintenance, risk reduction, curative and rehabilitative aspects of care of the mother, child and family, population group and community as well as sick individuals with

alterations in oxygenation, fluid and electrolyte balance, metabolism, endocrine, inflammatory and immunologic response and perception and coordination in varied healthcare settings utilizing the core competencies in the 11 key areas of responsibility.

It gives a relevant simulated clinical scenarios involving health promotion, disease prevention, health maintenance, risk reduction, curative and rehabilitative aspects of care of the mother, child and family, population group and community, the student will be able to apply the nursing process in the care of individuals, families, population group in selected setting, ensure a well-organized and accurate documentation system, utilize bioethical concepts/ principles, core values and nursing standards in the care of clients and integrate the various competencies in the various key areas of responsibility in the care of selected clients.

INA 2 **3**
units
INTENSIVE NURSING
APPRAISAL 2 (3 units lecture =
54 hours)

Focus on the application of the concepts, principles and processes basic to the practice of nursing with emphasis on health promotion, health maintenance, preventive, risk reduction, curative and rehabilitative aspects of care of sick individuals with alterations in cellular aberrations, adjustment problems and maladaptive patterns of behavior, acute biologic crisis, disaster and emergency. It includes the utilization of the nursing process and the core competencies under the eleven key areas of responsibility.

Given relevant simulated situations involving health promotion, health maintenance, preventive risk reduction, curative and rehabilitative aspects of care of sick individuals with alterations in cellular aberrations, adjustment problems and maladaptive patterns of behavior, acute biologic crisis, disaster and emergency, the student will be able to apply the nursing process in the care of individuals, families, population group in selected settings, ensure a well-organized and accurate documentation system, utilize bioethical concepts/principles, core values and nursing standards in the care of clients and integrate the various competencies in the various Key Areas of Responsibility in the care of selected clients. Prerequisite: INA 1
